Perinatal NET (Narrative Exposure Therapy) Training Program

Objectives
As perinatal professionals we know:
- Traumatic stress symptoms (PTSD) are common during pregnancy and postpartum
- Pregnancy and birth can be triggering for survivors of trauma
- Evidence-based interventions are lacking for perinatal populations
- Revisiting trauma memories during pregnancy has been discouraged, but many survivors benefit from having someone to guide them through making sense of their experiences

Program Description
In a supportive group of other professionals, participants will:
- Attend a live, interactive workshop with hands-on instruction
- Learn how to implement the 6 “pillars” of Narrative Exposure Therapy (NET) for perinatal populations
- Attend monthly consultations to refine delivery of the NET as part of your ongoing practice with clients

Program Requirements:
1. Attend ONE full 3-day intensive online workshop (course runs 9am-4pm CST)
2. Submit a work sample at end of workshop
3. Participate in monthly group consultations w/ option to submit a perinatal NET therapy case

Continuing Education (CE) credits include 16.75 credits for the 3-day workshop and 1 credit per monthly consultation session to be held Tuesdays from 9am-11am CST.

What
NET is an evidence-based, culturally inclusive psychotherapy for survivors of singular and complex trauma

Who
Perinatal professionals (psychologists, counselors, physicians, nurses, doulas, etc.)

Why
Learn how to implement the “6 pillars” of NET
Connect with other perinatal trauma professionals
Earn 16.75 credits (CNE/CME/SW/PSCH)

When
Choose One of the Following Workshops:
- March 8 – 10, 2023
- May 31 – June 2, 2023
- October 18 – 20, 2023

Where & Cost
Online (Zoom) - $600 / $400 (Professional / Trainee)

Apply to Reserve a Space
Scan to complete program application.
Space is limited!
Or visit: https://redcap.link/perinatalNET

Questions? Email:
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