

ELLEN LEON CARBONELL, MSW, LCSW

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PROFILE

CLINICAL SPECIALIST AND INSTRUCTOR

- Direct service work provided in hospital, voluntary health, substance abuse, school, corporate, governmental and educational organizations
- Online and on-site teaching and public speaking on a variety of topics in university, corporate and community settings
- Post-graduate therapy specializations in:
 - Alzheimer's disease and chronic illness
 - Caregiver issues
 - Older adults
 - Grief and loss
 - Addictive disorders
 - Psychotherapy
 - Individual and family programs
 - Clinical supervision

SUPERVISOR

- Clinical and administrative supervision and evaluation of staff, volunteers, and master's and doctoral degree candidates in direct service positions. Settings include residential, outpatient, vocational and educational.
- Development and implementation of strategic growth plans for state wide service delivery in a national not-for-profit organization.

PROGRAM DEVELOPER

- Accomplished and nationally recognized innovative program creation
- Proven track record in new program implementation and entrepreneurial growth strategies
- Experienced major donor and volunteer development professional
- Program-related event planning for groups up to 800 in number
- Marketing, promotion and creative partnership experience in high-profile settings
- Management of programs, grants, budgets, marketing, volunteers and staff in not-for-profit organizations

EMPLOYMENT HISTORY

RUSH UNIVERSITY MEDICAL CENTER, Social Work and Community Health, Chicago IL 2016 - present
Program Manager and Clinical Lead 2018-present

Create, secure funding for and deliver integrative education and support programs for family caregivers throughout the medical center. Provide clinical supervision for interdepartmental staff and interns. Provide psychotherapy to a diverse population of patients and family caregivers.

Clinical Lead and Coordinator, Resource Centers 2016-2018

Developed and implemented programs for patients, family caregivers, and community members that provided education and support. Provided psychotherapy to a diverse population, and clinically supervised interns and staff members across departments.

RUSH UNIVERSITY MEDICAL CENTER,
Assistant Professor, Department of Social Work 2020-present
 Assisted with creation of department and participate in certificate development

Adjunct Faculty Member, Dept. of Communication Disorders and Sciences
 Teach Introduction to Counseling course to graduate Speech and Language Pathology and
 Audiology students.

LOYOLA UNIVERSITY, CHICAGO 2016-present
Adjunct Faculty Member, Graduate School of Social Work
 Teach SW735 , “Grief, Loss and Dying Well” and Integrative Field Seminars to second
 year graduate students.

ALZHEIMER’S ASSOCIATION, NATIONAL OFFICE, Chicago IL
Associate Director, Family Programs 2008 - 2016
 Lead national office in implementation of projects to design and deliver standardized
 education and support services for all chapters nationwide. Responsible for engaging with
 workgroups of chapter staff, national office staff, and contracted professionals to manage
 projects on time and on budget. Clinical Consultant for online message boards and 24/7
 Helpline. Providing training to all chapters on program use, marketing, and clinical issues.
 Present programs for national and international audiences at Fortune 500 companies

NATIONAL MULTIPLE SCLEROSIS SOCIETY, GREATER ILLINOIS CHAPTER, Chicago, IL
Director of Client, Family and Community Programs 2007 – 2008
 Responsible for all aspects of programming for 20,000 individuals and their families,
 including budget, donor development and staff and volunteer management.

Manager, Client and Family Support Programs 2005- 2007
 Developed and managed previously flagging programs. Restructured volunteer program
 to enhance engagement of over 110 volunteers throughout Illinois.

HOME PORT BED AND BREAKFAST, Peconic, New York 2002-2005
Co-owner and Proprietor
 Utilized entrepreneurial approaches to marketing and community partnerships, resulting
 in adult life-long learning programs developed and promoted to local, national and
 international media

SOUTHOLD TOWNSHIP SENIOR SERVICES, Southold, New York 2004 – 2005
Interim Director, Alzheimer’s Disease Day Program
 Restructured a stagnant program and dysfunctional staffing pattern to allow for positive
 program growth and development

PRIVATE PRACTICE, Chicago and Schaumburg, IL 1985-2002
Licensed Clinical Social Worker
 Development and maintenance of full-time practice and supervision of associates

UNIVERSITY OF ILLINOIS, GRADUATE SCHOOL OF SOCIAL WORK, Chicago Spring, 2000
Instructor, Employee Assistance Track
 Taught clinical integration course to graduate students

HARRIS BANK AND TRUST, Chicago, IL <u>Employee Assistance Counselor</u>	1989-2000
As adjunct to practice, served as associate for bank EAP program. Responsible for assessment and referral, short-term treatment, critical incident stress debriefing and employee training.	
ACCESS COUNSELING ASSOCIATES, Inverness, IL <u>Therapist, Part Time</u>	1987-1988
MARTHA WASHINGTON HOSPITAL, LOOP CLINIC, Chicago, IL <u>Program Director</u>	1986-1987
<u>Therapist IV</u>	1984-1986
NORTHWEST MENTAL HEALTH CENTER, Arlington Heights, IL <u>Outpatient Therapist</u>	1982-1984
<u>Director, Residential Services</u>	1980-1982
<u>Residential Counselor</u>	1979-1980

EDUCATION

Loyola University of Chicago, Graduate School of Social Work, Chicago, IL
Master's Degree in Social Work, May 1982.

Ohio State University, Department of Psychology, Columbus, Ohio
Bachelor of Arts, May 1977

POST-GRADUATE TRAINING

2020	Advanced Clinical Supervision Certificate Program, Smith College for Social Work
2017	Intensive CBT Certificate Training with Arthur Freeman, Ed.D., ABPP, ACT
2015	University of Chicago Coursera course: Neuroscience
2013	Johns Hopkins School of Nursing Coursera course: Care of Elders with Alzheimer's Disease and Other Major Neurocognitive Disorders
Oct. 2006 – June 2007	Chicago Center for Family Health, affiliated with University of Chicago, participant in Families, Illness and Collaborative Healthcare program
Oct., 2000 – Dec., 2001	Training the Trainer Program Internship, Illinois Alcohol and Other Addictions Professionals Certification Board
April, 1998	Gambling addiction certification course offered by Illinois Alcoholism and Other Drug Addictions Professionals Certification Association

Dec., 1997 – March, 2000	Gambling Addiction Consultation Group, led by Christopher Anderson, LCSW, Executive Director, Illinois Assoc. for Problem and Compulsive Gambling
Sept., 1992 - June, 1993	Certificate Program student at Chicago Center for Family Health, affiliated with University of Chicago
Sept. 1988 - May. 1989 and Sept. 1984 - Jan. 1986	Advances in Self Psychology study group, led by Joe Palombo, ACSW, Institute for Clinical Social Work

PUBLICATIONS AND RECENT PRESENTATIONS

Hughes, B., Wintz, S., Carbonell, E., Hall, E., Hodge, D., Mulvaney, E., Nelson-Becker, H., Shim, S., Sormanti, S., Stepney, L. (June, 2018) "Spiritual Care and Social Work: Integration into Practice" white paper, Health Care Chaplaincy Network and the Spiritual Care Association

Orsulic-Jeras, S., Whitlatch, C.J., Carbonell, E., Checci, E. (July, 2018) "Implementation of an Early-Stage Care Planning Intervention for Individuals Living with Dementia and their Family Caregivers, SHARE for Dementia, in a Community Health Setting: Lessons Learned from the Field". Poster presented at the Alzheimer's Association International Conference, Chicago, IL.

Loyola University, Chicago	Practice in Health Care: Wellness and Self-Care for Social Workers
University of Chicago School of Social Service Administration	Family Caregiving with Older Adults: Key Issues for Social Work Professionals
Loyola University, Chicago School of Social Work	Panel discussion on careers in the field of aging for graduate students in the Institute for Intergenerational Studies and Practice program
NASW Illinois Chapter	Panel discussion on careers in the field of aging
NASW Illinois Chapter	Your Hidden Clients: Clinical Issues with Older Adults and their Families
American Society on Aging	Caring for Alzheimer's: Effective Caregiving Strategies
Loyola University, Chicago School of Social Work	Intergenerational Issues in Aging Families: The Experience of Cognitively Impaired Older Adults and their Families

PROFESSIONAL AWARDS, CERTIFICATIONS AND AFFILIATIONS

2015 District Social Worker of the Year, NASW

Licensed Clinical Social Worker, State of Illinois (L.C.S.W.), 1984 – present

National Association of Social Workers, Member (N.A.S.W.)

American Society on Aging, Member

Society for Social Work Leadership in Health Care, Member

Chicago End-of-Life Care Coalition, Member

Diplomate in Clinical Social Work, National Association of Social Workers (D.C.S.W.)

Academy of Certified Social Workers, Member (A.C.S.W.)

Certified Alcohol and Other Drug Abuse Counselor, Illinois Alcohol and Other Drug Abuse Professional Certification Association, Inc. (C.A.D.C.), 1985-2002.