**CURRICULUM VITAE**

**LAUREN Z. RYNAR, PH.D.**

**OFFICE ADDRESS**

Rush University Medical Center

Division of Supportive Oncology

Professional Outpatient Building

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**EDUCATION**

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| 2018 – 2019 | **Clinical Health Psychology Postdoctoral Fellowship**  Department of Psychiatry and Behavioral Neurosciences  Loyola University Medical Center, Maywood, IL |
| 2017 – 2018 | **Clinical Health Psychology Internship, Behavioral Medicine Track**  Mental Health Service Line  Jesse Brown VA Medical Center, Chicago, IL |
| 2018 | **Doctor of Philosophy, Clinical Psychology, Health Psychology Specialization**  Rosalind Franklin University of Medicine & Science, North Chicago, IL (APA Accredited)  Dissertation: *An Investigation of Psychological Functioning and Lung Allocation Score Among Lung Transplant Candidates* |
| 2016 | **Master of Science, Clinical Psychology**  Rosalind Franklin University of Medicine & Science, North Chicago, IL (APA  Accredited)  Thesis: *Illness Perceptions and Metabolic Control in Adolescents with Type 1 Diabetes* |
| 2011 | **Bachelor of Arts, Neuroscience**  Vanderbilt University, Nashville, TN |

**LICENSURE**

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| Active 9/13/19 | **Clinical Psychologist,** State of Illinois  License Number 071.010105 |

**ACADEMIC APPOINTMENTS**

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| 9/2019 – Present | **Instructor of Psychology,** Psychosocial Oncology & Integrative Medicine  Department of Psychiatry & Behavioral Sciences  RUSH University Medical Center, Chicago, IL |

**HONORS & AWARDS**

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| 2014 | Franklin Fellowship & Scholarship Recipient |
| 2015 | College of Health Professions Excellence in Clinical Education Award |
| 2015 | Interprofessional Community Clinic Exemplary Performance Award |

**PROFESSIONAL INTERESTS**

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| * Psychosocial oncology * Transplant psychology * Health behavior change * Coping with chronic illness | * Consultation/liaison psychology * Integrative behavioral medicine * Pre-procedural psychosocial assessment * Program development and evaluation |

**PROFESSIONAL MEMBERSHIPS**

American Psychological Association

Division 38

Association of Psychologists in Academic Health Centers

Association for Contextual Behavioral Science

Society of Behavioral Medicine

**CLINICAL EXPERIENCE**

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| 9/2019 – Present | **Licensed Clinical Psychologist**  **Psychosocial Oncology and Integrative Medicine**  RUSH University Medical Center, Chicago, IL  *Clinical Responsibilities:* Provide inpatient and outpatient psychotherapeutic services within the Psychosocial Oncology and Integrative Medicine Program. Manage inpatient Psychosocial Oncology Consultation Service and provide supervision for psychology interns on service. Work closely with patients, caregivers, and medical teams to address issues along the entirety of the cancer care continuum (i.e., from prevention to the end-of-life). |
| 2018 – 2019 | **Clinical Health Psychology Postdoctoral Fellowship**  Loyola University Medical Center Chicago, Maywood, IL (APA Accredited)  *Clinical Responsibilities:* BMT (inpatient and high dose chemotherapy unit), Head and Neck Cancer Clinic, Breast Cancer Clinic, Psychosocial Oncology Consult Service, General Psychology Consult Service (e.g., ICU, Burn Unit), Heart Transplant Service, Lung Transplant Service and the Department of Psychiatry Outpatient Clinic. Provided inpatient and outpatient psychotherapeutic services for individuals with a number of comorbid medical and psychological diagnoses. Worked closely with cancer-specific multidisciplinary teams to improve distress, quality of life, and adherence to medical recommendations. Conducted pre-transplant psychological evaluations for stem cell, heart, and lung transplant candidates and followed these candidates over the course of their illness and treatment.  *Program Development:* Assist with the implementation of the Coleman Supportive Oncology Collaborative distress screening in multiple cancer care settings and assist with the development of new programming for patient-centered care. |
| 2017 – 2018 | **Clinical Health Psychology Intern**  Jesse Brown VA Medical Center, Chicago, IL (APA Accredited)  *Clinical Responsibilities:* Completed rotations: Oncology Clinic, Inpatient Palliative Care consult service, Pain Clinic, Biofeedback Clinic, Health Promotion/Disease Prevention Program, MOVE! Program for Weight Loss and Bariatric Surgery Clinic, Transitional Care Management Clinic for OEF/OIF/OND Veterans. Conducted long-term psychotherapy for issues related to illness in addition to treatment of anxiety, depression, and other DSM-5 diagnoses utilizing empirically supported treatments including Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, Motivational Interviewing, and Dialectical Behavior Therapy.  *Program Development:* Assisted in the development of a procedure for screening cancer-related distress and facilitating appropriate follow-up in outpatient oncology in collaboration with the Coleman Supportive Oncology Initiative. Created an improved system for integrated supportive oncologic care with internal supportive services and community organizations. Collaborated with team members and administration to promote the creation of a full-time psychologist position in oncology. |
| 2016 – 2017 | **Behavioral Medicine Extern**  University of Chicago Department of Psychiatry, Chicago, IL  Provided outpatient psychotherapy for patients with chronic pain, GI conditions, and cancer, from previvors to patients at end-of-life. Provided brief psychotherapy, warm hand-offs, and curbside consultations in the Primary Care Clinic. Conducted pre-surgical integrated assessments for spinal cord stimulator and intrathecal pump implantation. Facilitated stress management groups for cardiac rehabilitation patients |
| 2015 – 2016 | **Psychology Testing Extern**  Vernon Hills Police Department, Vernon Hills, IL  Conducted integrated assessments on police recruits under consideration for hiring and provided recommendations to the police chief. |
| 2015 – 2016 | **Psychology Testing Extern**  Allied Counseling Services, Lake Bluff, IL  Conducted integrated assessments on children, adolescences, and adults presenting with academic/occupational concerns and provided recommendations to referring parties |
| 2015 – 2016 | **Behavioral Medicine Extern**  Loyola University Medical Center Department of Psychiatry, Maywood, IL  Conducted transplant candidacy evaluations for patients with end-stage heart and lung diseases prior to LVAD or solid-organ transplantation. Provided evaluation recommendations to the heart and lung medical review boards. Provided supportive therapy to hospitalized patients with acute and chronic illnesses. Consulted with the heart and lung transplant primary teams to improve patient care. |
| 2014 – 2015 | **Clinical Psychology Extern**  Arden Shore Child and Family Services, Waukegan, IL  Conducted mental health assessments and developed individualized treatment plans for adults, children, and families involved with DCFS. Collaborated with case workers to make appropriate recommendations. Assisted with development of the Waukegan Mental Health Collaborative. |
| 2014 – 2015 | **Clinical Psychology Extern**  Interprofessional Community Clinic, North Chicago, IL  Conducted suicide assessments and intake interviews as part of an interprofessional student team. Formulated behavioral health treatment recommendations for the primary team and provided psychotherapy to indicated patients |
| 2013 – 2014 | **Clinical Psychology Extern**  Vista Medical Center West, Inpatient Psychiatry, North Chicago, IL  Conducted intake interviews with adult and pediatric patients as part of a multidisciplinary assessment team to inform treatment and discharge planning. Facilitated group therapy sessions for inpatients with serious mental illness and patients in psychiatric intensive care. |
| 2011 – 2013 | **Patient Advocate**  Sexual Assault and Violence Intervention Program, New York, NY  Provided crisis intervention services and safety planning for survivors of sexual assault and IPV presenting to local emergency departments. Interfaced with law enforcement, medical staff, and social work staff to advocate for survivors. |

**RESEARCH EXPERIENCE**

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| 2015-2018 | **Psychosocial Transplant Registry and Repository**  Loyola University Medical Center, Maywood, IL  Principal Investigatory: Mekhala Samsi, Ph.D.  *Role:* Interviewed and administered self-report measures to lung transplant candidates. Scored/coded, entered, and analyzed data to examine the relationship between pre-transplant psychosocial variables with pre- and post-transplant outcomes. |
| 2014-2016 | **Predictors of Academic Performance Among Adolescents with Type 1 Diabetes**  La Rabida Children’s Hospital, Chicago, IL  Principal Investigator: Jennifer Miller, M.D.  *Role:* Designed and implemented a research study examining predictors of academic performance in adolescents with type 1 diabetes |
| 2011-2013 | **Mood and Personality Disorders Research Program**  Mount Sinai School of Medicine/James Brown VA Medical Center, New York, NY Principal Investigators: Larry Siever, M.D., Mercedes Perez, M.D.  *Role:* Studied Guanfacine and a novel D1 agonist for cognitive impairment in schizotypal personality disorder (SPD). Studied fluoxetine for aggression in Intermittent Explosive Disorder. Co-wrote an NIMH R01 grant application, awarded in 2013. Co-designed and implemented a pilot study examining cognitive remediation therapy and cognitive enhancing agents on working memory and functional impairments in the schizophrenia spectrum |
| 2010-2011 | **OCD/Tourette Syndrome Research Program**  Vanderbilt University, Nashville, TN  Principal Investigators: William Hewlett, Ph.D., Aurea Pimenta, Ph.D.  *Role:* Assisted in laboratory procedures for the study of animal models of OCD. |
| 2010-2011 | **Functional Assessment of Cancer Therapy**  Robert H. Lurie Comprehensive Cancer Center, Chicago, IL  Principal Investigator: Lynne Wagner, Ph.D.  *Role:* Compiled literature reviews on cognitive function and chemotherapy to inform the Functional Assessment of Cancer Therapy-Cognitive Function (FACT-Cog). Compiled literature reviews on fear of recurrence in stem-cell transplant and breast cancer patients. Coded and analyzed interviews with cutaneous t-cell lymphoma patients to inform the Functional Assessment of Cancer Therapy-CTCL. |
| 2009-2010 | **Vanderbilt Vision Research Center**  Vanderbilt University, Nashville, TN  Principal Investigator: Anna Wang Roe, Ph.D.  *Role:* Studied neuronal circuity and functional organization underlying visual and tactile behavior in a conditioned macaque monkey. |

**PUBLICATIONS**

Azizoddin, D.R., **Rynar, L.Z.,** Hauser, J., Molokie, R., Payvar, S., et al. (Under review). Cancer-related

distress among a geriatric sample of African American Veterans.

**Rynar, L.Z.,** Merchant, M.S., & Dilling, D.F., (2018) Suicidal ideation in lung transplant recipients: a case

series. *Clinical Transplantation,* 32:e13263.

**Rynar, L.Z.** & Coccaro, E. (2018). Psychosocial impairment in intermittent explosive disorder.

*Psychiatry Research, 264,* 91-95.

Martin, J., Azizoddin, D., Hauser, J., **Rynar, L.Z.**, Payvar, S., Munshi, H., & Molokie, R. (2018).

Examining the prevalence of cancer related distress among a group of urban-dwelling veterans

(TH308B). *Journal of Pain and Symptom Management, 55(2),* 562-563.

Rosell, D., **Zaluda, L.C.**, McClure, M.M., Perez-Rodriguez, M., Strike, K.S., et al. (2015). Effects of the

D1 dopamine receptor agonist dihydrexidine (DAR-0100A) on working memory in schizotypal personality disorder. *Neuropsychopharmacology, 40*(2), 446-453.

Perez-Rodriguez, M.M., **Zaluda, L.C.**, & New, A.S. (2013). Biological advances in personality disorder

research. *Focus, 6*(2)*,* 146-154.

**Zaluda, L.C.** & Siever, L.J. (2013). Case 18.1: Personality Conflicts. In J.W. Barnhill, *DSM-5TM Clinical*

*Cases.* Washington, D.C.: American Psychological Publishing, Inc.

**PRESENTATIONS**

**Rynar, L.Z.,** Knox, B.A., Wendell, K.B., Mumby, P.B., Albain, K.S., Grace-Louthen, C., Mai, H.P.,

Robinson, P.A., Lo, S.S. (2019). *Triaging cancer-related distress at the time of breast cancer (BC) diagnosis.* Poster accepted for presentation at the 2019 San Antio Breast Cancer Symposium, San Antonio, TX.

**Rynar, L.,** Wendell, K., Mumby, P., Albain, K., Robinson, P., Grace-Louthen, C., Mai, H., & Lo, S.

(2019) *Screening for Cancer-Related Distress Among Women with Newly Diagnosed Breast Cancer.* Poster presented at the 2019 ASCO Annual Meeting. Chicago, IL.

**Rynar, L.Z.,** Azizoddin, D., Martin, J., Payvar, S., Molokie, R., Hauser, J., Munshi, H. (2018).

Exploring the Relationship between Cancer-Related Distress and Biopsychosocial Concerns Among Veterans in Outpatient Oncology. Poster presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

Azizoddin, D., **Rynar, L.Z.,** Martin, J., Molokie, R., Munshi, H., Payvar, S., and Hauser, J. (2018).

*Examining the Prevalence of Cancer Related Distress Among a Group of Urban-Dwelling Veterans.* Paper presentation presented at the 2018 Annual Assembly of Hospice and Palliative Care, Boston, MA.

Babione, J.M., D'Agostino, J.L., August, M.A., Matt, L.M., Osorno, R.A., & **Rynar, L.Z.** (2017).

*Continuous traumatic stress: Considerations in PTSD diagnosis and treatment with military veterans living in Chicago.* Poster presented at the 8th annual Adler University Multifaceted Themes of Diversity Graduate Student Conference, Chicago, IL.

**Rynar, L.Z.,** Samsi, M. (2017). Psychological Functioning in Lung Transplant Candidates. Poster presented

at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.

Samsi, M., **Rynar, L.Z.**, Dilling, D. (2016). *Suicidal Ideation in Lung Transplant Recipients: An*

*Assessment of Pre-Transplant Risk Factors Through 4 Case Studies.* Poster presented at the

2016 American Thoracic Society Annual Conference, San Francisco, CA.

**Rynar, L.Z.**, Carreon, S., Adrian, R., & Perlmuter, L.C. (2016). *Perceived personal control and metabolic*

*control in adolescents with type 1 diabetes.* Poster presented at the 2016 Society of Pediatric Psychology Annual Conference, Atlanta, GA.

Parkinson, C.R., Zander, J., Bangieva, V., Leung, S., Carreon, S., Zaluda, L.C., Perlmuter, L.P. (2015).

Psychosocial predictors of cardiac rehabilitation outcomes. Poster presented at the 87th Annual

Meeting Midwestern Psychological Association, Chicago, IL

Siever, L.J., **Zaluda, L.C.**, McClure, M.M., Strike, K.S., Rosell, D.R., Barch, D.M. Harvey, P.D., Girgis,

R.R., Lieberman, J. (2013). *Clinical testing of a D1 agonist for cognitive enhancement in the schizophrenia spectrum.* Poster presented at the 14th International Congress on Schizophrenia Research, Orlando, FL.

Siever, L.J., McClure, M.M., **Zaluda, L.C.**, Kilmade, M., New, A., Barch, D.M., Graff, F.S., Harvey, P.D.

(2013). *Guanfacine enhancement of working memory: prospects for augmenting cognitive remediation in the schizophrenia spectrum.* Symposium presentation at the 14th International Congress on Schizophrenia Research, Orlando, FL.

Ehrlich, Y.A., Pavlos, S., Futterman, S., **Zaluda, L.C.**, Siever, L. (2013). *Cognitive-perceptual impairments*

*in schizotypal and borderline personality disorders: a comparison of clinician diagnosis and self-report.* Poster presented at the 2013 North American Society for the Study of Personality Disorders Annual Conference, Boston, MA.

Wagner L.I., **Zaluda L.C.**, Guitart J., Kuzel T., Querfeld C., Rosen S. (2010). *Health-related quality of life*

*among patients with cutaneous lymphoma (CTCL): Development of the Functional Assessment of Cancer Therapy (FACT) – CTCL.* Oral presentation at the First World Congress of Cutaneous Lymphomas, Chicago, IL.

**INVITED PRESENTATIONS**

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| 2018 | Loyola University Medical Center, Stritch School of Medicine, Trauma Pearls Conference 2018. *Assessment and Management of Post-Traumatic Stress Disorder.* |
| 2018 | University of Illinois at Chicago, Division of Hematology and Oncology and Jesse Brown VA Medical Center, Hematology/Oncology Clinic, Fellows Conference. Implementation of the Coleman Supportive Oncology Collaborative. |

**TEACHING EXPERIENCE**

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| 2016 | **Fundamentals of Cognitive Behavioral Therapy**  Teaching Assistant  Rosalind Franklin University of Medicine & Science, North Chicago, IL |
| 2015 | **Theories of Counseling and Psychotherapy**  Teaching Assistant  Rosalind Franklin University of Medicine & Science, North Chicago, IL |
| 2015, 2016 | **Basics of Psychotherapy**  Invited Lecturer in Pharmacy Doctorate Program  Rosalind Franklin University of Medicine & Science, North Chicago, IL |

**LEADERSHIP EXPERIENCE**

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| 2014-2015 | **Graduate Association for Students of Psychology**  Vice President  Rosalind Franklin University of Medicine and Science, North Chicago, IL |
| 2013-2015 | **Geriatric and Gerontology Interest Group**  President  Rosalind Franklin University of Medicine and Science, North Chicago, IL |

**PROFESSIONAL DEVELOPMENT AND TRAINING**

**Coleman Supportive Oncology Collaborative Education Series**

National Comprehensive Cancer Network, 2017

**Seminar and Consultation in Acceptance and Commitment Therapy**

University of Chicago, led by Dr. Pooja Dave, 2016-2017

**Seminar in Fundamentals of Cognitive Behavior Therapy**

University of Chicago, led by Dr. Shona Vas, 2016

**Training for Mandated Reporters: Recognizing and Reporting Child Abuse**

Arden Shore Child and Family Services, 2014

**Biofeedback Training**

Rosalind Franklin University of Medicine & Science, led by Dr. Arthur Cantos, 2013