**LAUREN E. BRADLEY**

**CURRICULUM VITAE**

October 2016

**CONTACT INFORMATION**

Department of Behavioral Sciences

Rush University Medical Center

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**EDUCATION**

**Rush University Medical Center,** Department of Behavioral Sciences, Chicago, IL

**Postdoctoral Fellowship**, 2015-2016

**APA-Accredited Internship**, 2014-2015

Trained under: Joyce Corsica, Ph.D.; Megan Hood, Ph.D.

**Drexel University,** Department of Psychology, Philadelphia, PA

**Ph.D.**, Clinical Psychology, 2013-2015

**M.S.**, Clinical Psychology, 2010-2013

Trained Under: Evan Forman, Ph.D.; James Herbert, Ph.D.

Concentrations in Cognitive Behavioral Therapy and Health Psychology

**Univeristy of Pennsylvania,** Philadelphia, PA

**B.A., with honors**, Biological Basis of Behavior (Major), Nutrition (Minor), 2004-2008

**PROFESSIONAL PSYCHOLOGY LICENSURE**

2016- Illinois (071009387)

**FACULTY APPOINTMENTS**

2016- **Assistant Professor**, Department of Behavioral Sciences, Rush University Medical Center, Chicago, IL

**HONORS, AWARDS, AND OTHER APPOINTMENTS**

* Councilor, The Obesity Society, mHealth/eHealth section, 2016-2018
* NRSA Individual Pre-doctoral Fellowship, NIDDK (F31 DK100219-01A1), 2014
* American Psychological Association (APA) Dissertation Award, $1,000, 2014
* Society for a Science of Clinical Psychology (SSCP) Dissertation Award, $500, 2014
* Drexel University Provost Fellowship, 2010-2012
* University of Pennsylvania Magna Cum Laude, 2008
* University of Pennsylvania Dean’s List 2004-2005, 2006-2007, and 2007-2008

**Publications (peer reviewed)**

**Bradley, L. E.,** Forman, E. M., Kerrigan, S. G., Goldstein, S. P., Butryn, M. L., Thomas, J. G., Herbert, J. D., & Sarwer, D. B.(in press). Project HELP: a Remotely-Delivered Behavioral Intervention for Weight Regain after Bariatric Surgery. *Obesity Surgery.*

Hood, M. M., Corsica, J. A., **Bradley, L. E.,** Wilson, R., Chirinos, D., & Vivo, A. (in press). Managing severe obesity: Understanding and improving treatment adherence in bariatric surgery. *Journal of Behavioral Medicine,* 39, 1092-1103.

Hood, M. M., Wilson, R., Corsica, J. A., **Bradley, L. E.,** Chirinos, D., & Vivo, A. (in press). What do we know about mobile applications for diabetes self-management? A review of reviews. *Journal of Behavioral Medicine,* 39, 981-994.

**Bradley, L. E.,** Forman, E. M., Kerrigan, S. G., Butryn, M. L., Herbert, J. D., & Sarwer, D. B.(2016). A pilot study of an acceptance-based behavioral intervention for weight regain after bariatric surgery*. Obesity Surgery, 26,* 2433-2441*.*

**Bradley, L. E.,** Sarwer, D. B., Forman, E. F., Kerrigan, S. G., Butryn, M. L., & Herbert, J. D. (2016). A Survey of Bariatric Surgery Patients’ Interest in Postoperative Interventions. *Obesity Surgery, 26,* 332-338.

Glassman, L. H., Forman, E. M., Herbert, J. D., **Bradley, L. E.,** Foster, E. E., Izzetoglu, M., & Ruocco, A. C. (2016). The Effects of a Brief Acceptance-Based Behavioral Treatment vs. Traditional Cognitive-Behavioral Treatment for Public Speaking Anxiety: An Exploratory Trial Examining Differential Effects on Performance and Neurophysiology. *Behavior Modification, 40*, 748-776*.*

Glassman, L. H., Martin, L. M., **Bradley, L. E**., Ibrahim, A., Goldstein, S. P., Forman, E. M., & Herbert, J. D. (2016). A Brief Report on the Assessment of Distress Tolerance: Are We Measuring the Same Construct? *Journal of Rational-Emotive & Cognitive-Behavior Therapy, 34,* 87-99*.*

Forman, E. F., Butryn, M. L., Manasse, S. M., & **Bradley, L. E.** (2015). Acceptance-based behavioral treatment for weight control: a review and future directions. *Current Opinion, 2,* 87-90*.*

Glassman, L. H., Herbert, J. D., Forman, E. M., **Bradley, L. E.**, Izzetoglu, M., Ruocco, A. C., & Goldstein, S. P. (2014). Near-infrared spectroscopic assessment of in-vivo prefrontal activation in public speaking anxiety: A preliminary investigation. *Psychology of Consciousness: Theory, Research, and Practice, 1*, 271-283.

Forman, E. M., Butryn, M. L., Juarascio, A. S., **Bradley, L. E**., Lowe, M. R., Herbert, J. D., & Shaw, J. A. The Mind Your Health Project: A randomized trial comparing acceptance-based and standard behavioral treatments for obesity (2013). *Obesity, 21,* 1119-1126*.*

Kaplan, L. M., Kaal, K. J., **Bradley, L.**, Alderfer, M. A. (2013). Cancer-related traumatic stress reactions in siblings of children with cancer. *Fam Syst Health,* *31*, 205-217.

Nasser, J. A., **Bradley, L. E.**, Leitzsch, J. B., Chohan, O., Fasulo, K., Haller, J…Del Parigi. A. (2011). Psychoactive effects of tasting chocolate and desire for more chocolate. *Physiology & Behavior*, *104*, 117-121.

Hayes, M. R., **Bradley, L.**, Grill, H.J. (2009). Endogenous hindbrain glucagon-like peptide-1 receptor activation contributes to the control of intake by mediating gastric satiation signaling. *Endocrinology, 150*, 2654-2659.

**Other Publications**

Corsica, J. & **Bradley, L.** (in press). Motivational Interviewing. In B. Caplan, J. DeLuca, & J. Kreutzer (Eds.), *Encyclopedia of Clinical Neuropsychology*. Germany: Springer Publishing.

Corsica, J. & **Bradley, L.** (in press). Stress Management. In B. Caplan, J. DeLuca, & J. Kreutzer (Eds.), *Encyclopedia of Clinical Neuropsychology*. Germany: Springer Publishing.

Corsica, J**.** & **Bradley, L.** (in press). Problem-solving therapy. In B. Caplan, J. DeLuca, & J. Kreutzer (Eds.), *Encyclopedia of Clinical Neuropsychology*. Germany: Springer Publishing.

Hood, M. M., Corsica, J. A., & **Bradley, L. E.** (in press). Bariatric Surgery. In *the SAGE Encyclopedia of Abnormal and Clinical Psychology.*

Forman, E. F. & **Bradley, L. E.** (in press). Bibliotherapy. In *the SAGE Encyclopedia of Abnormal and Clinical Psychology.*

Weineland, S. M. & **Bradley, L. E.** (in press). Using Acceptance and Mindfulness Approaches to Enhance Outcomes for Bariatric Surgery. In A. F. Haynos, J. Lillis, E. M. Forman, & M. L. Butryn(Eds.), *Mindfulness and Acceptance Approaches to Treatment of Eating Disorders and Weight Concern*s*: Evidence-Based Interventions,* 185*.*

Corsica, J., Wilson, R., Hood, M., & **Bradley, L. E** (2016). Mindfulness in a weight loss and metabolic intervention: Some utility and some challenges. *Obesity, 24*, 792*.*

Bailer, B., **Bradley, L. E.,** & Allison, K. C. (2014). Obesity and related eating disorders. In G. A. Bray & C. Bouchard (Eds.), *Handbook of Obesity, Third Edition*. Boca Raton, FL: Taylor & Francis Group.

Sarwer, D. B., Butryn, M. L., Forman, E. M., & **Bradley, L. E.** (2014). Lifestyle Modification for the Treatment of Obesity. In C. Still, D. B. Sarwer, & J. Blankenship (Eds.), *The ASMBS Textbook of Bariatric Surgery.* New York, NY: Springer.

**Professional Presentations (peer reviewed)**

**Bradley, L.E**., Forman, E.M., Kerrigan, S.G., Goldstein, S.P., Butryn, M.L., Thomas, J.G., Herbert, J.D., & Sarwer, D.B. (2016, October)*. The Utility of an Acceptance-Based Behavioral Approach for Weight Regain Following Bariatric Surgery.* In B. C. Evans (Chair), Effectiveness of Mindfulness and Acceptance-Based Approaches to Obesity: Evidence from Small- and Large-Scale Trials. Symposium accepted the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies. New York City, NY.

**Bradley, L. E.,** Forman, E. M., Kerrigan, S. G., Goldstein, S. P., Butryn, M. L., Thomas J. G., Herbert, J. D., & Sarwer, D. S*.* (2015, November). *A pilot study to assess feasibility, acceptability, and effectiveness of a remotely-delivered intervention to address weight regain after bariatric Surgery.* Paper presented at the annual meeting of the American Society for Metabolic and Bariatric Surgery, Los Angeles, CA.

**Bradley, L. E.,** Forman, E. M., Sarwer, D. B., Kerrigan, S. G., Goldstein, S. P., Butryn, M. L., Thomas, J. G., & Herbert, J. D. (2014, November). *The development of a remotely-delivered behavioral intervention for weight regain following bariatric surgery.* Poster presented at Obesity Week, Boston, MA.

Forman, E. M., Martin, L. M., Shaw, J. A., Butryn, M. L., Goldstein, S. P., Juarascio, A. S., Manasse, S. M., Tilson, A. M., **Bradley, L.E.**, Ibrahim, A.Y., & Schumacher, L.M (2014, April).  Technology-assisted interventions for binge eating and overconsumption of snack foods.  In S.P. Goldstein (Chair), *Challenges and Considerations in creating Ecological Momentary Interventions for Disordered Eating Behaviors*.  Symposium presented at the 35th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.

**Bradley, L. E.,** Forman, E. M., Sarwer, D. B., Butryn, M. L., & Herbert, J. D. (2013, November). *A role for acceptance-based interventions to stop weight regain in bariatric surgery patients*. Paper presented at Obesity Week, Atlanta, GA.

**Bradley, L. E.,** Forman, E. M., Sarwer, D. B., Butryn, M. L., & Herbert, J. D. (2013, November). *Behavioral interventions to stop weight regain in bariatric surgery patients: patient attitudes and preliminary effectiveness*. Poster presented at the Association for Behavioral and Cognitive Therapy, Nashville, TN.

Forman, E. M., Martin, L. M., Shaw, J. A., Butryn, M. L., Goldstein, S. P., Meiran, N., Tilson, A. M., **Bradley, L. E.**, Ibrahim, A., Manasse, S., & Schumacher, L. M. (2013, November). *Mindful awareness training versus computer-based inhibitory control-training for decreasing hedonic eating.* Poster presented at Obesity Week, Atlanta, GA.

Gershkovich, M., Herbert, J. D., Forman, E.M., Glassman, L., & **Bradley, L.** (2013, November). *The acceptability and feasibility of a novel Internet guided self-help intervention for social anxiety disorder.* Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Glassman, L. H., Forman, E. M., **Bradley, L. E**., Herbert, J. D., Izzetoglu, M., Ruocco, A. C. (2013, November). *Brief traditional cognitive-behavior therapy vs. acceptance based behavior therapy for public speaking anxiety: Differential effects on performance and neurophysiology*. In J. Arch (Chair), ACT and CBT for anxiety: Comparing process and outcome within brief interventions. Symposium presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Forman, E. M., Butryn, M. L., **Bradley, L. E.**, Juarascio, A. S., Shaw, J. S., Lowe, M. R., Herbert, J., & Clark, V. (March, 2013). Outcomes from Mind Your Health I and II: randomized controlled trials of an innovative acceptance-based behavioral treatment for obesity. In *Impact of Novel Obesity Intervention Studies*. Paper presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.

Forman, E. M., Butryn, M. L., **Bradley, L. E**., Juarascio, A. S., Shaw, J. A., Lowe, M. R., Herbert, J., Kelly, M., Belmont, A., Clark, V. (November, 2012). Outcomes from the Mind Your Health project: A randomized controlled trial comparing standard behavioral and acceptance-based behavioral interventions for obesity. In M. Butryn (Chair), *Innovative Behavioral Approaches to Weight Loss.* Paper presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Glassman, L. H., Herbert, J. D., Forman, E. M., **Bradley, L. E.**, Matteucci, A., Izzetoglu, M., & Ruocco, A. C. (2012, November). *Using near-infrared spectroscopy to measure in-vivo functional activation of the prefrontal cortex during speech performance in adults with public speaking anxiety*. Association for Behavioral and Cognitive Therapies, Annual Convention, National Harbor, MD.

**Bradley, L. E.**, Forman, E. M., & Butryn, M. L. (2012, September). *Long-term weight control strategies and their association with weight maintenance in a behavioral weight loss program*. Poster presented at the Obesity Society Annual Scientific Meeting, San Antonio, TX.

Forman, E. M., Butryn, M. L., **Bradley, L. E.**, Juarascio, A. S., Kelly, M., Belmont, A. P., Lowe, M. R., Herbert, J. D., & Clark, V. L. (2012, September). *A randomized controlled trial comparing gold standard and acceptance-based behavioral treatment for obesity: Outcomes from the Mind Your Health Program*. Poster presented at the Obesity Society Annual Scientific Meeting, San Antonio, TX.

Goldstein, S., Martin, L., Glassman, L. H., **Bradley, L.,** Herbert, J., & Forman, E., (2012, September). *The relationship between distress tolerance and disordered eating constructs.* Poster presented at the Obesity Society Annual Scientific Meeting, San Antonio, TX.

Forman, E. M., Glassman, L. H., Herbert, J. D., **Bradley, L. E**., Shaw, J. A., & Izzetoglu, M. (2012, July). Comparative efficacy of standard cognitive behavior therapy and acceptance and commitment therapy for depression and anxiety at long-term follow-up and for public speaking performance: Two randomized trials. In J. J. Arch (Chair), *ACT versus standard CBT for anxiety: How do the outcome and process data compare?* Symposium presented at the 10th World Conference of the Association for Contextual Behavioral Science, Washington, DC.

Glassman, L. H., Matteucci, A. J., Forman, E., Herbert, J. D., Izzetoglu, M., **Bradley, L.,** & Foster, E. (2012, July). *Relationships between acceptance-related constructs, anxiety, and speaking performance in public speaking anxiety.* Poster presented at the 10th World Conference of the Association for Contextual Behavioral Science, Washington, DC.

Butryn, M.L., Forman, E.F., & **Bradley, L.** (2012, May). *Acceptance-based behavioral treatment for obesity: 6-month follow-up outcomes and moderators of effectiveness from a randomized clinical trial*. Paper presented at the European Congress on Obesity, Lyon, France.

Matteucci, A. J., Juarascio, A. S., Shaw, J. A., Forman, E. M., **Bradley, L.**, Herbert, J.D., Butryn, M. L., & Lowe, M. R. (2012, May). *The role of values in the change of eating disorder symptomatology*. Poster presented at the Annual Meeting of the International Conference of Eating Disorders, Austin, TX.

Shaw, J. A., Juarascio, A. S., Forman, E. M., **Bradley, L.**, Herbert, J. H., Butryn, M. L., Berner, L. A., Doshi, S. & Lowe, M. R. (2011, November). *Controlled Trial of Residential-Based ACT for Eating Disorders: Impact on Behavioral Measures of Eating Psychopathology*. Poster presented at the Association for Behavioral and Cognitive Therapies, Annual Convention, Toronto, ON.

Milillo, J., Glassman, L. H., **Bradley, L.**, Foster, E., Matteucci, A., Izzetoglu, M., Forman, E., & Herbert, J. (2011, November). Efficacy and feasibility of fNIRS in anxious populations. Poster presented at the Association for Behavioral and Cognitive Therapies, Annual Convention, Toronto, ON.

Nasser, J. A., **Bradley, L.**, Leitzsch, J., Del Parigi, A., Chohan, O., Fasulo, K., Haller, J., & Jaeger, K. (2009, October). *Demonstration of psychoactive effects of chocolate consumption*. Poster presented at The Obesity Society Annual Meeting, Washington, DC.

Hayes, M. R., Lee, G., **Bradley, L**., Chowansky, A., & Grill, H.J. (2008). *Contribution of hindbrain GLP-1 receptor activation to feeding control – role of endogenous GLP-1 and of ERK / AMP-Kinase pathways*. Paper presented at the Society for the Study of Ingestive Behavior, Annual Meeting.

**PRESENTATIONS (INVITED)**

**Bradley, L.E.** (2016, September). *Optimizing Postoperative Outcomes in Bariatric Surgery Patients*. Invited talk presented to Behavioral Sciences Grand Rounds, Rush University Medical Center. Chicago, IL.

Forman, E. M., Butryn, M. L., Martin, L., **Bradley, L.** (March, 2012). Weight management and acceptance-based behavior therapies: Mindful developments. ADA 2012 Symposium.

**Bradley, L.** Nucleus Tractus Solitarius Glucagon Like Peptide-1 Receptors Control for Food Intake. 2008. University of Pennsylvania, Biological Basis of Behavior Honors Thesis Defense.

**Research Support**

***The Investigation of a Remotely-Delivered Behavioral Intervention for Postoperative Weight Regain***

Funding Agency: American Society for Metabolic and Bariatric Surgery

PI: **Lauren Bradley**. Co-Is: Alfonso Torquati, Joyce Corsica, Megan Hood, Molly DePrenger

Period: 2016-2018

Total Costs: $25,000

***An Investigation of a Remotely-Delivered Behavioral Intervention for Weight Regain after Bariatric Surgery***

Funding Agency: Rush University Medical Center Department of Behavioral Sciences

PI: **Lauren Bradley**. Co-Is: Joyce Corsica, Megan Hood

Period: 2017-2018

Total Costs: $9,547

***Eating Behaviors and Adherence after Bariatric Surgery***

Funding Agency: Rush University Medical Center Department of Behavioral Sciences

PI: Megan Hood. Co-Is: **Lauren Bradley**, Joyce Corsica, Mackenzie Kelly

Period: 2017-2018

Total Costs: $5,319

**CLINICAL ROLES**

2011-2014 **Drexel Behavioral Weight Loss Program,** Drexel University

Supervisors: Evan Forman, Ph.D., Meghan Butryn, Ph.D., Michael Lowe, Ph.D.

2011-2014 **Drexel Acceptance-Based Behavioral Therapy Program**, Drexel University

Supervisors: James Herbert, Ph.D., Evan Forman, Ph.D.

2012-2013 **Center for Evidence-Based Treatment**

Supervisor: Christine Nezu, Ph.D., ABPP

2011-2013 **Penn Center for Weight and Eating Disorders**, University of Pennsylvania

Supervisors: Kelly Allison, Ph.D., Lucy Faulconbridge, Ph.D.

2010-2011 **The Renfrew Center**

Supervisor: Evan Forman, Ph.D.

**TEACHING**

**Drexel University**

* Attended a yearlong course specializing in teaching psychology to undergraduates
* *Teaching Assistant*: Introduction to Psychology for Majors, Fall, 2010
* *Teaching Assistant*: Abnormal Psychology, Winter, 2010 and Spring, 2011
* *Teaching Assistant*: Introduction to Psychotherapy (Graduate course), Fall 2013

**EDITING ACTIVITIES**

*Frontiers*, ad hoc reviewer

*Journal of Contextual Behavioral Science,* ad hoc reviewer

*Obesity Surgery*, ad hoc reviewer

*Surgery for Obesity and Related Diseases*, ad hoc reviewer

**Professional Society Memberships**

American Society for Metabolic and Bariatric Surgery

The Obesity Society

Society of Behavioral Medicine