From: University_News

Sent: Sunday, March 15, 2020 7:19 PM

To: University_News

Subject: Managing Concerns and Anxiety Around COVID-19

TRUSH WELLNESS

Managing Concerns and Anxiety Around Coronavirus (COVID-19)



As more information regarding COVID-19 becomes available, there can be a wide range of thoughts, feelings and reactions.

Visit this <u>link</u> for some helpful information and resources.