

## **Cynthia Ann Farina, DNP, CRNA, CNE**

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4081 Dixiana Court

Oakland Township, MI 48306

cindy.farina@icloud.com

[www.linkedin.com/in/cynthiafarina](http://www.linkedin.com/in/cynthiafarina)

248-909-6602

### **EDUCATION AND TRAINING**

Doctor of Nursing Practice, University of Michigan, Ann Arbor, 2016  
Scholarly project: Implementing a Flipped Classroom with Case-Based Learning in a Graduate Program of Nurse Anesthesia

Post-Master's Certificate in Nursing Education, University of Michigan, Ann Arbor, 2016

Master of Science in Nursing, Anesthesia Track, Oakland University, 1996  
Thesis: Effects of Position of the Heat and Moisturizer Exchanger on Arterial to End-Tidal Carbon Dioxide Differences

Bachelor of Science in Nursing, University of Michigan, Ann Arbor, 1983

### **CERTIFICATION AND LICENSURE**

Registered Nurse License with Nurse Anesthesia Specialty Certification  
License number 4704146188  
Michigan, valid through September 8, 2020

Registered Nurse License  
License number 041.494994  
Illinois, valid through May 31, 2022

National League of Nursing, Certified Nurse Educator,  
valid through December 2023

Basic Life Support,  
Expires May 2021

Advanced Cardiac Life Support  
Expires May 2021

Pediatric Advanced Life Support  
Expires May 2021

### **CLINICAL EXPERIENCE**

1996-present

Staff Certified Registered Nurse Anesthetist, Beaumont Health System, Royal Oak, MI

2010-2013	Locum tenens, Certified Registered Nurse Anesthetist, Anesthesia Staffing Consultants, Bingham Farms, MI
1985-1993	Clinical Research Nurse Coordinator, Department of Cardiology Research, William Beaumont Hospital, Royal Oak, MI
1984-1985	Staff Registered Nurse, Surgical Intensive Care Unit, William Beaumont Hospital, Royal Oak, MI
1983-1984	Staff Registered Nurse, Medical Telemetry Unit, William Beaumont Hospital, Royal Oak, MI
1982-1983	Nurse Technician, Cardiac Care Unit, University of Michigan Hospital, Ann Arbor, MI
1982	Nurse Technician, Infectious Disease Unit, C.S. Mott Children's Hospital, Ann Arbor, MI

**HONORS AND AWARDS**

2016	Sigma Theta Tau Honor Society of Nursing, Award for Academic Excellence
1982-1983	James B. Angel Scholar, University of Michigan, Award for Academic Excellence

**MEMBERSHIP IN PROFESSIONAL SOCIETIES**

1996-present	American Association of Nurse Anesthetists, active member
1996-present	Michigan Association of Nurse Anesthetists, active member
2016-present	Association of periOperative Registered Nurses, active member
2017-present	National League for Nursing, active member

**TEACHING**

1996-present	Clinical preceptor and didactic instructor at Beaumont Health Systems, Royal Oak, MI, for Oakland University-Beaumont Graduate Program of Nurse Anesthesia
Summer 2020	Adjunct Faculty, Marian University, Nurse Anesthesia Program, Leighton School of Nursing
2020 -present	Assistant professor, Rush University Nurse Anesthesia Doctor of Nursing Practice Program

**Oakland University-Beaumont Graduate Program of Nurse Anesthesia (Didactic Lectures)**

2017-present Wellness for Nurse Anesthetists  
 2013-present Principles of Neuroanesthesia  
 2011-2013 Principles of Respiratory Physiology  
 2002-2003 Intravenous Therapy for Perioperative Patients  
 2002 Management of Diabetes in Perioperative Patients

**Michigan State University Nurse Anesthesia Program (Guest Lecturer)**

2016-2019 Wellness in Nurse Anesthesia Practice

**Student Advisement**

Year	Student Name	University	Project Title	Role
2018	Jeffrey Oberhansley	University of Michigan-Flint	Use of the Flipped Classroom versus Traditional Classroom in Nurse Anesthesia Education	First Reader
2018	Patrina Lupo	Oakland University	Langerhan’s Histiocytosis and Spinal Cord Protection	Mentor

**PUBLICATIONS**

Farina, CA, Horvath, C, Lekhnych, F, Chavez, A, Griffis, C. Clinician burnout: how will we come through the fire? *AANA J.* (in press)

Farina, CA. The impact of shift work on sleep: what happens when mother nature meets anesthesia practice? *AANA NewsBulletin.* 2020;74(3): 32-34.

Farina, CA, Hranchook, AM, Bittinger, A, Aebersold, M. The flipped classroom with case-based learning in graduate nurse anesthesia education. *AANA J.* (In press)

Farina, CA, Wilson, WO, Fitzsimmons, K. Exploring strategies to increase and sustain membership in the American Association of Nurse Anesthetists. *AANA J.* 2016;84(6): 396-403.

## **POSTERS**

- 2017 "Noise in the OR: Facts, Findings ,and Solutions" Presented at the Nurse Anesthesia Annual Congress, Seattle, WA, September 8-12, 2017

## **PRESENTATIONS**

- 2019 "First and Goal: Playbook for the Last Phase of Your CRNA Career" Presented at Michigan Association of Nurse Anesthetists 2019 Fall Conference, October 6, 2019
- 2019 "Managing Sleep Deprivation and Fatigue in Nurse Anesthesia Practice" Presented at American Association of Nurse Anesthetists Annual Congress, August 13, 2019
- 2019 "Patient Sneezing Under Intravenous Sedation During Local Anesthetic Injection to the Eyelids" Presented a Beaumont Health Systems, Department of Nurse Anesthesia Journal Club, February 5, 2019
- 2018 "How to Evaluate a Research Paper" Presented at Beaumont Health Systems, Department of Nurse Anesthesia, morning lecture series, July 3, 2018
- 2017 "Membership in a Professional Association: Pass or Play?" Presented at the Michigan Association of Nurse Anesthetists Fall Conference, October 1, 2017
- 2017 "Managing Sleep Deprivation and Fatigue in Anesthesia Practice" Presented at Beaumont Health Systems, Royal Oak, MI, Department of Nurse Anesthesia, morning lecture series, October 3, 2017
- 2017 "Noise in the OR: Can You Hear Yourself Think?" Presented at Beaumont Anesthesia Symposium, September 16, 2017

## **COMMITTEES, ORGANIZATIONAL SERVICE**

- 2019-present Chair, American Association of Nurse Anesthetists Health and Wellness Committee for Fiscal Year 2020
- 2018-2019 Member, American Association of Nurse Anesthetists Health and Wellness Committee
- 2017-2018 American Association of Nurse Anesthetists Member Engagement, Retention, and Recruitment Task Force

- 2016-2019 Departmental Liaison for Patient and Family Centered Care Initiative, Beaumont Health Systems, Royal Oak, MI
- 2015-present Professional Nurse Council, Beaumont Health Systems, Royal Oak, MI, representative from Department of Nurse Anesthesia
- 2015-present Chair, Michigan Association of Nurse Anesthetists Wellness Committee
- 2013-2015 Member, Michigan Association of Nurse Anesthetists Wellness Committee

<b>PODCAST</b>	
2019	From the Head of the Bed, #58, “The Mid- to Late Career Phase”