



CON Faculty Practice Newsletter

Rush University
College of Nursing

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STUDENT HIGHLIGHT: DNP PROJECT AT FLYING FOOD O'HARE CLINIC

By: Yu Wang, DNP Student

Several years ago, I read Fat China in disbelief about the pandemic waves of obesity and diabetes about to strike China. Since I was not in China, but a relatively recent immigrant to the U.S., I wondered how my fellow compatriots were faring as they came to the U.S. For these reasons, I decided to conduct my DNP project in Chinese population with type 2 diabetes.

As I expressed my desire to my advisors, Dr. Buchholz and Dr. Murphy, a connection was made to Dr. Angela Moss, the practice director, at Flying Food Servair O'Hare (FFS-ORD) Health Clinic and the Director of Faculty Practice. I was placed at FFS-ORD with my selected project facilitator: Ms. Leen, Faculty Practice NP. The first day that I visited, the clinic was sponsoring the employees' health fair. Dr. Moss and Ms. Leen had invited me to participate in the health fair so that I could meet all the providers. Upon arriving, I was impressed by the warm welcome extended. All the providers were excited about my project and eager to offer information about my target population. While on site, I was also introduced to the employee's Chinese leaders, human resources personnel, and the administrative managers. From the very first moment, I knew that I was in the right place to conduct my project.

"At FFS-ORD health clinic, although the physical space is limited the warmth and kindness are not. I have confidence that my DNP project will be successful in no small part due to the support that I received at the clinic."

-Yu Wang, DNP Student

The warmth and acceptance was more than mere formality. They have been translated into collegial and professional assistance. The clinic practice director, Dr. Moss, has always been available and has put forth considerable effort when I need feedback or input. She was even readily available for guidance when she was on maternity leave. My project facilitator, Ms. Leen, is one of the primary clinic providers. She has the type of personality which makes being around her simply comfortable. In fact, because I was so comfortable talking with her, I ended up interviewing her for another course project. Ms. Leen has also become my ideal of a patient-provider communicator. I can tell that she has excellent relationships with employees/patients by the way she communicates with them: calm, gentle, never seeming to being in a rush. At FFS-ORD health clinic, although the physical space is limite d, the warmth and kindness are not. I have confidence that my DNP project will be successful in no small part due to the support that I received at the clinic.

NOTE FROM THE DIRECTOR

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Today I met with our newest incoming class of pre-licensure Generalist Entry Masters' students or "GEMs" as we all affectionately call them. We convened to orient them to their first semester of nursing school and to answer questions about what to expect on their first day. Our conversation answered many questions such as: dress code for clinicals and whether or not they need the latest edition of required textbooks. The GEM students were bright-eyed and engaged, and clearly ready to get started on their next adventure. Their eagerness reminded me of my own first day of nursing school. I recall how exhilarating it was to organize my own new school schedule, school supplies, and to have my back-pack ready to go for the first day. So in honor of all those preparing for back to school this fall, we have decided to focus this newsletter edition on student work at one of our practice sites, and also two of our school-based health clinic partnerships. Please enjoy our back to school edition!





Angela Moss, PhDc, MSN, APN-BC, RN

Director of Faculty Practice
Assistant Professor/ Adult Nurse Practitioner
Dept of Adult Health & Gerontological Nursing
Director & APN, Healthy Living Program, Flying
Food Group, Inc.





CON FACULTY PRACTICE JOB OPENINGS!

Two full-time RN openings with Trilogy Behavioral Healthcare and one part-time RN opening with Northside Housing

A General Summary of RN openings:

The Community/Public Health Nurse is a nurse with knowledge in a specialized area of nursing who promotes and provides quality care to individuals, groups, and communities.

A few of the responsibilites include:

- 1. Assesses health needs of individuals and the community.
- 2. Plans and delivers nursing care for individuals, groups, and communities.
- 3. Promotes continuity of care by working collaboratively with the interdisciplinary team at assigned agency.
- 4. Maintains, interprets, and evaluates health records and medical reports for clients.

We are always looking for compassionate and innovative nurses to help out in the community. If you are not interested in a job at this time, but think you may be in the future, we are more than happy to save your resume for future openings!

If you are interested in any of these opportunites please contact Angela Moss at Angela_moss@rush.edu or Virginia Deck at virginia_deck@rush.edu

REFLECTION ON BEING A FACULTY PRACTICE CLINICIAN

By: Ingrid Forsberg, DNP, APN-BC, RN

I began my affiliation with Rush University Medical Center in 2000 when I was hired by the Office of Faculty Practice within the College of Nursing. I was not familiar with the concept of faculty practice but soon learned that it offered what I felt was the best combination ever: clinical practice, student engagement, and support of a cadre of educators whom I could access when necessary.

I worked for eight years as a Nurse Practitioner at one of the school based health centers, which was supported by the office of Faculty Practice. During that time, I was able to support at least 6 students to complete their capstone projects at the clinic. While other students rotated through the health center for their clinical practice or offer health education classes for the high school students. I fondly recall that the students at the school were very receptive to Rush students. The Rush students were "a bright spot" in the school day. Their enthusiasm and new ideas, to help support our clinic goals, kept our health center buzzing with activity.

"Faculty Practice is a conduit to bring practice and education together in a variety of ways." -Ingrid Forsberg, DNP, APN-BC, RN



Joining Rush Office of Faculty Practice offers the employee the ability to access resources not commonly available to other employees. I was able to attend faculty meetings and college events when time permitted and had access to many learning opportunities offered by Rush. I am happy to say that I still continue working with the Office of Faculty Practice on an as-needed basis. This role enables me to provide clinic support when it is needed and when it works with my schedule. I am proud to represent Rush when I am out in the community as an Office of Faculty Practice Nurse Practitioner. I like it when people ask me about my connection with Rush because I like to explain how being a part of Rush Office of Faculty Practice provides the opportunity to support both education and practice. Faculty Practice is a conduit to bring practice and education together in a variety of ways.

NP CONNECT

NP Connect will meet again for dinner on 9/13/16 at 7 pm. We will be going to Lady Gregory at 5260 N. Clark. Nurse practitioners ands their students are welcome! Come meet the fantastic providers working in communities outside of the Rush campus. We always have a great time!

If you have any questions, please contact Sheila Leen (sheila leen@rush.edu).



TWITTER UPDATES

The Director of the CON Office of Faculty Practice, Angela Moss, provides updates on nursing and office news daily. Follow her today @AngelaMossRN





COMMUNITY PARTNERSHIP HIGHLIGHT: MERCY PHILLIPS & DUNBAR HIGH SCHOOLS

Through a longtime partnership with Mercy Hospital & Medical Center Chicago, the College of Nursing Office of Faculty Practice provides two Nurse Practitioners for their school based health clinics (SBHCs): Dunbar High School-Mercy Health Center and Phillips High School-Mercy Health Center. Alongside Medical Director, Dr. Marla Kushner, and our Faculty Practice Nurse Practitioners, Karen Batty and Janis Robinson, provide direct primary care and wellness services to the teenagers enrolled at both schools.

In addition to primary care delivery, our Faculty Practice NPs also provide programmatic oversight and delivery. For example, Ms. Batty has long been involved with the American Lung Association, and in 2012, was invited to help develop a comprehensive asthma prevention and screening program for the students at Phillips and Dunbar. This program was developed through a partnership with Enhancing Care of Children with Asthma Project and the American Lung Association. The Phillips and Dunbar Mercy Health Centers were 2 of 27 sites from both Illinois and New Mexico which were selected to be part of the inaugural group of clinics for the project. The purpose of the project was to facilitate and ensure high quality asthma care in clinics through a continuous quality improvement approach. As part of this project, all Phillips and Dunbar clinic staff attended cohort meetings every 3-4 months to discuss progress and pitfalls, and were also required to attend educational offerings covering topics such as Asthma 101, spirometry and expired nitric oxide best practices, and strategies to incorporate asthma standards of care into students' daily routines. Additionally, the Asthma 101 course was given to the students with asthma, and also to the teaching and administrative staff at both high schools.

The project efforts have produced a sustainable change in the delivery of asthma care at Dunbar and Phillips Mercy High School Health Centers. The length of the project was originally to be 3 years, but has been continued due to its continued success. A recent analysis identified a 62% decrease in hospitalizations and a 55% reduction in emergency department for patients impacted by the program. In addition, return on investment analysis showed that for every \$1 invested, a savings of \$2.40 was realized. It is no surprise our Faculty Practice Nurse Practitioner, Karen Batty and the Health Centers' Medical Director, Dr. Marla Kushner, continue to be consultants for the American Lung Association for the projects' newest clinic cohort.

Watch a video about this project by copying and pasting this url:

https://www.youtube.com/watch?v=QUWeImfkut0&feature=youtu.be



- Karen Batty, APN

CON FACULTY PRACTICE CONTINUING EDUCATION (CE) COURSES

Current Course Offerings:

Foundations of Clinical Teaching in Nursing Education Offered for 20 CNE Credits

This course is offered twice a year (Fall & Spring). The next 5 week online course starts on September 12, 2016.

This course provides essential knowledge needed for working effectively with nursing students in a variety of clinical settings.

This course is intended for novice and seasoned clinical instructors in nursing.

For more information regarding this course and other continuing education courses offered by the Office of Faculty Practice, please contact Virginia Deck at Virginia_deck@rush.edu

STUDENT SHADOWING OPPORTUNITIES

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Our Faculty Practice clinicians and partner sites provide great RN & APN shadowing opportunities for current Rush nursing students. Visits may be used for Professional Development hours. Please check with your advisor for more information.

Please contact Virginia Deck at Virginia deck@rush.edu if you are interested in shadowing at one of our partner sites.



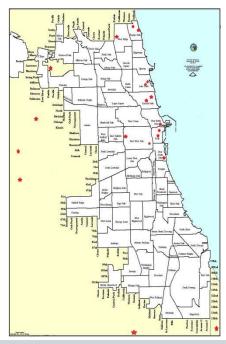


CON FACULTY PRACTICE MISSION

To provide practice opportunities for the integration of education, research, and clinical practice to advance faculty and staff in their clinical field of expertise, and to provide measurable health benefits and solutions for the populations served

CON FACULTY PRACTICE VISION

To be recognized for excellence in providing comprehensive and innovative evidencebased nursing services that address the healthcare needs of individuals, families, and communities



CON FACULTY PRACTICE FACTS:

- 21 Chicagoland community partnerships
- 47,220 annual student clinical hours across all sites
- 7 ongoing DNP student projects in 2015-2016
- 5 ongoing pre-licensure student capstone projects in 2015-2016
- 3 exploratory and/or interventional research studies in 2015-2016
- 7-8 national posters representing Faculty Practice scholarly work presented on average each year

FACULTY PRACTICE PARTNERS

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See map on the bottom left for our Partner locations

- Advocate -Good Samaritan/Why Wait Clinic
- Andrew A Roth MD
- The Chicago Lighthouse for the Blind
- DuPage County Health Department
- Epilepsy Foundation of Northern Illinois, Iowa, and Nebraska
- Facing Forward to End Homelessness
- Flying Food Group Inc.
- Franciscan Alliance, St. Clare Health Clinic
- Heartland Health Services
- Jewish Children and Family Services
- Dr. Marla Kushner
- RUMC Laurence Armour Day School
- Mayor's Office for People with Disabilities
- Mercy Hospital- CPS Phillips & Dunbar High School Clinics
- Dr. Patricia Merwick & Associates
- Providence Englewood Charter School
- Rehabilitation Institute of Chicago
- Sue Gin Clinic at Oakley Square
- Trilogy Behavioral Healthcare
- Village of Park Forest
- Wesley Place