What To Do

Symptoms or Positive COVID-19 Test

RUSH UNIVERSITY

"I have tested positive for COVID-19!"

"Do you have symptoms of COVID-19?"

These may include:

- Cough
- Shortness of breath
- Fever
- Chills
- Muscle pain
- Sore throat

- Gastrointestinal symptoms
- New loss of taste or smell
- Congestion or runny nose

Student Only
(I do not get paid for any work at the University.)

- If your test results are positive, you will need to self-isolate at home for a minimum of 10 days. The Rush Employee Exposure Team (EET) will call you upon test result and again at day 10 to assess symptoms for return to campus clearance. If you do not receive a call from the EET, please email them at **EmployeeCOVIDTesting@rush.edu.**
- If you were recently diagnosed as COVID-19 positive at a non-Rush site, you will need clearance to return to campus. Email **EmployeeCOVIDTesting@rush.edu** to begin the return to campus process.
- If you continue to have symptoms after day 10 that prevent return to campus clearance, you will be instructed to contact your healthcare provider for follow-up care.
- Once cleared to return to campus by your health care provider, you will bring proof of provider clearance to Employee Health (ECHS) for return to campus clearance documentation.

Faculty, Staff, Employee

- If you test positive at a non-Rush site contact Employee Health by calling **(312) 942-5878.**
- Self-isolate until 10 days have passed since the onset of your symptoms or the date of your test (whichever is longer) and you are fever-free for 24 hours with improving symptoms.
- The Rush Employee Exposure Team (EET) will call you upon test result and again at day 10 to assess symptoms for return to campus clearance. If you do not receive a call from the EET, please email them at **EmployeeCOVIDTesting@rush.edu.**

No, but I've experienced a direct exposure to someone with COVID-19.

What is direct exposure?

Direct exposure includes coming within 6 feet of someone with COVID-19 without PPE for 15 minutes or more. Any physical contact and/or the presence of respiratory droplets via coughing, sneezing, etc. with someone who has COVID-19 also qualifies as a direct exposure.

Yes, I have symptoms.

Follow CDC Guidelines:

- Stay at home until you receive medical advice.
- Separate yourself from others.
- Students should contact Employee Health/My Chart to schedule an appointment.
- Faculty and staff should contact Employee Health.

Yes, I meet the definition of direct exposure*.

In December 2020, the Chicago Department of Public Health provided guidance for two additional options for quarantine. If approved by your program director, Rush students may follow one of these options:

1. **Quarantine for 10 days** from last exposure if you are asymptomatic.
2. **Quarantine for 7 days** from last exposure if on day 5 or 6 you receive a negative COVID test, and you are asymptomatic.

For these options, you must self-monitor for the remaining days, up to day 14, for signs and symptoms of illness. If you become symptomatic, you should be tested for COVID.

Individuals who have received a full dose of the vaccine, have received the second dose within the last 3 months, and do not develop symptoms do not need to quarantine after a direct exposure per the CDC as of February 2021.