

SUPPORTING STUDENTS WITH ADHD IN THE CLASSROOM

Students with ADHD bring energy, creativity, and curiosity to the classroom and often thrive when routines are clear, predictable, and supportive. Small environmental supports can help sustain focus, support task initiation, and build confidence in learning.



ACADEMIC

- Give a small number of directions at a time
- Provide written or visual models of tasks
- Break assignments into smaller steps
- Allow extra time or brief work breaks
- Offer choices for demonstrating learning



ORGANIZATION

- Color-coded folders or notebooks
- Checklist of homework supplies
- Pair students with peers to help record assignments and organize materials
- Use assignment planners
- Schedule brief routine clean-out times for desks, folders, or backpacks



CLASSROOM & ENGAGEMENT

- Seat the student close to instruction while minimizing distractions
- Structured peer tutoring to support both academic engagement and social skill development
- Predictable routines & clear expectations
- Provide transition warnings and movement opportunities



BEHAVIOR

- Use agreed-upon nonverbal cues and break signals to support early regulation
- Use visual and environmental prompts to reinforce expectations and support attention
- Provide frequent & specific praise
- Use brief, calm correction directed at the behavior delivered immediately



COLLABORATION

- Use frequent notes or checklists to share progress
- Clear communication channels to keep families informed and involved
- Share assignments and updates through consistent platforms
- Collaborate with families to align reinforcement systems between school and home