

## Sadia Haider, MD, MPH

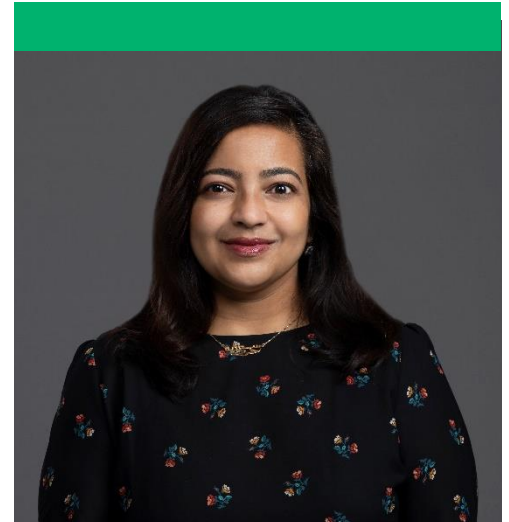
The Dr. Glenn G. and Blanche S. Ehrler Professor  
of Obstetrics and Gynecology

### Advancement of Medicine

My research lab experienced both exciting successes and important opportunities for growth in 2025. When funding for our National Institutes of Health, or NIH, R01 grant “EUPHORIA” was unexpectedly terminated as part of broader NIH cancellations in March 2025, this endowment enabled our team to strategically and meaningfully pivot. We have continued analyzing data and published findings from the 47 qualitative interviews conducted over the three months prior, sustaining the project’s momentum. We also continue to partner with Planned Parenthood in designing a smaller-scale trial that preserves our goal of reducing HIV incidence among cisgender Black women.

While we finalize next steps for EUPHORIA, this fund has also supported cross-departmental collaborations and partnerships with external institutions as we prepare new grant submissions for the 2026 cycle. These proposals align with our mission to develop innovative health services methodologies that reduce reproductive health disparities and expand access to family planning and HIV prevention. One grant builds on the R01 I completed in 2024, which linked postpartum contraception care with newborn care, and broadens the model to include chronic disease management and mental health care. Another expands upon a former mentee and Complex Family Planning fellow’s telehealth trial offering contraceptive counseling to NICU mothers, who often face unique barriers to postpartum contraception access. In addition to these new initiatives, I continue to serve as co-investigator on a U01 with colleagues at Lurie Children’s Hospital and an R01 with the University of Chicago.

Finally, I was appointed chair of the Department of Obstetrics & Gynecology after an extensive national search, and I served on the Board of the American College of Obstetrics and Gynecology and as President of the Society for Family Planning.





## Research

Funds from the Dr. Glenn G. and Blanche S. Ehrler Professorship continue to play a critical role in expanding research support for our trainees in 2025. These resources have enhanced our capacity to mentor and support fellows, residents and medical students in conducting high-quality research. Specifically, the professorship funds supported multiple mentees, including two of our Complex Family Planning fellows who are launching clinical trials next year, junior faculty preparing to become independently funded investigators and summer research medical student fellows who lead departmental projects. The funds provided them with dedicated research coordination, recruitment and project management support.

## Grants

Your support has empowered our team to submit multiple research proposals aimed at expanding and quantifying the impact of our patient navigation program in improving access to hospital-based complex abortion care. Ongoing grants include:

- “Enhancing Uptake of PrEP for Her via Organizational Research and Individual Actions.” 8/7/2023-3/21/2025. National Institute of Mental Health. R01. Principal Investigator.
- “HerPrEP.” 9/30/2023-9/29/2027. Centers for Disease Control and Prevention. U01. Co-Investigator.
- “Implementation and Dissemination of Evidence-Based Interventions to Improve PrEP Care Continuum Outcomes Among Women in Community Health Clinics in the Southern U.S.” 9/01/2021-8/31/2026. National Institute of Mental Health. Co-Investigator.

## Invited Presentations

- “Driving Institutional Change through Leadership in Academic Medicine.” Society of Family Planning Annual Meeting. Pittsburgh, PA. October 2025.
- “Beyond Borders: Clinician Perspective on Abortion Access and Complex Care in the Post-Dobbs Era.” 19th Bridging the Gap Symposium. University of Illinois at Chicago. Chicago, IL. September 2025.

- “The Irvin M. Cushner Memorial Lecture: The Post-Dobbs Marathon: Using Systems-Based Approaches to Provide Essential Care at the Provider, Hospital, and State Levels.” American College of Obstetricians & Gynecologists Annual Meeting. Minneapolis, MN.

## Abstracts

- Barkowski, CMA., Caskey, R., Gray, E., Gemkow, JW., Rankin, K., Campbell, RK., **Haider, S.** (December 2025). Linking Inter-professional Newborn and Contraception Care (LINCC) trial: a randomized controlled trial to link postpartum contraception care with routine Well-Baby Visits. Academy Health 18<sup>th</sup> Annual Conference on the Science of Dissemination and Implementation in Health. Washington, D.C.
- Barkowski, CMA., Johnson, AK., Devlin, S., Latz, E., Goldstein, A., Gomez, S., Quasebarth, M., Safarloo, A., Clay, D., Wolfe, B., Whitaker, A., Ridgway, J., Campbell, RK., Sun, J., & **Haider, S.** (December 2025). Overcoming PrEP misconceptions, lack of awareness, and hesitancy with provider-initiated conversations and empowerment: Barriers and facilitators to PrEP education for Black cisgender women at Planned Parenthood Illinois. American Public Health Association Annual Meeting. Washington, D.C.

## Publication Highlights in 2025

- Enaholo, O. E., Ridgway, J. P., Devlin, S. A., Dawdani, A., Pyra, M., Hirschhorn, L. R., **Haider, S.**, Ducheny, K., Liegeon, G., Simon, J., & Johnson, A. K. (December 2025). Highlighting the Need for Representation of Black Women in PrEP Marketing and Educational Efforts: A Qualitative Study. *Journal of Racial and Ethnic Health Disparities*, 10.1007/s40615-025-02788-w. Advance online publication. <https://doi.org/10.1007/s40615-025-02788-w>
- Friedman, E. E., Desmarais, C., Devlin, S. A., Ott, E., **Haider, S.**, & Johnson, A. K. (November 2025). Black women's preferences regarding use of mHealth for sexual health support in Chicago, a cross-sectional study. *PLOS Digital Health*, 4(11), e0001084. <https://doi.org/10.1371/journal.pdig.0001084>
- Averbach, S., Vaida, F., Hinz, E., Kully, G., Dey, A. K., Lutgendorf, M. A., **Haider, S.**, & Hofler, L. G. (August 2025). Expulsion rates 12 months after early versus interval postpartum intrauterine device placement: a randomized trial. *AJOG Global Reports*, 5(3), 100547. <https://doi.org/10.1016/j.xagr.2025.100547>

- Friedman, E. E., Mason, J. A., Devlin, S. A., Liegeon, G., Johnson, A. K., Simon, J., Parras, D., Chung-Bridges, K., Pyra, M., Hirschhorn, L. R., Haider, S., & Ridgway, J. P. (August 2025). Pre-exposure Prophylaxis Prescription Differences at Two Federally Qualified Health Centers. *Sexually Transmitted Diseases*, 10.1097/OLQ.0000000000002234. Advance online publication. <https://doi.org/10.1097/OLQ.0000000000002234>
- Johnson, A. K., Ott, E., Friedman, E. E., Pandiani, A., Moore, A., Alvarez, I., Desmarais, C., & Haider, S. (January 2025). Exploring pre-exposure prophylaxis (PrEP) modality preferences among Black cisgender women attending family planning clinics in Chicago via a cross-sectional mixed-methods study. *BMJ Public Health*, 3(1), e000809. <https://doi.org/10.1136/bmjph-2023-000809>

## The Year Ahead: 2026 and Beyond

I remain deeply committed to mentoring our faculty, fellows, residents and medical students as they grow into skilled clinicians and researchers. Our department will continue to champion faculty-led innovation by supporting the development of novel research proposals that advance reproductive health, promote birth equity and critically evaluate strategies to improve patient outcomes.

## With Gratitude

I am immensely grateful to the Ehrler family for your generosity. Your support has allowed me to sustain a departmental infrastructure that champions faculty and trainees as they develop into providers and researchers who prioritize improving patient outcomes and addressing reproductive inequities and disparities in our most vulnerable communities.