

2026 Global Health Symposium

Navigating health challenges amid displacement, migration, and conflict

Presenters



Rebecca Singer

Monday, March 30 | Noon to 1 pm | Armour Academic Center, 539

Ethics of Humanitarian aid to Displaced Populations

Rebecca Singer, DNP, RN, FAAN has nearly two decades of experience in global and community health, working in conflict and post-conflict settings worldwide. Her work focuses on trauma-informed care for survivors of violence, emergency response for refugees and displaced populations, and community-based partnerships addressing health disparities. She is an associate clinical professor of population health at the University of Illinois Chicago College of Nursing. She is also the founder of UIC's Global Health Nursing Certificate Program, preparing nurses and other health care professionals to collaborate to improve the health of individuals and populations around the world and to address global health challenges and health disparities

Tuesday, March 31 | Noon to 1 pm | Armour Academic Center, 994A

Mental Health Needs of Immigrants & Refugees

Aimee Hilado, Ph.D., LCSW is a licensed clinical social worker and the founder and former Founding Clinical Director of RefugeeOne's Wellness Program. Her work centers on mental health services for refugees, immigrants, and asylum-seeking populations at the largest refugee resettlement agency in Chicago. She currently leads collaborative, multi-tier mental health initiatives with the Illinois Department of Human Services and healthcare institutions to support the mental health needs of forcibly displaced individuals.

Wednesday, April 1 | Noon to 1 pm | Armour Academic Center, 539

The Effects of Social Policy on Immigrant Health

Aresha Martinez-Cardoso, Ph.D., MS is an Assistant Professor of Public Health Sciences at the University of Chicago, where she leads the Embodying Racism Lab. Her work examines the structural conditions necessary to advance health equity and justice, with a focus on how structural racism affects the health and well-being of Latinx and immigrant populations in the United States. Her research is nationally funded, including funds from the US Department of Health and Human Services, centering health inequities, stress, and population health.

Thursday, April 2 | Noon to 1 pm | Armour Academic Center, 539

Immigrant Health Outcomes in Chicago

Stephanie Wilding, M.P.A. is the Chief Executive Officer of CommunityHealth, the nation's largest volunteer-based free health center serving the uninsured and underinsured population. In an effort to improve access to care, the clinic offers its own pharmacy, laboratory and dental services. Her work centers on advancing health care justice and equity reflected in her strategic growth initiatives, policy advocacy, and commitment to expanding access to high-quality healthcare in underserved communities.



Aimee Hilado



**Aresha
Martinez-Cardoso**



Stephanie Wilding