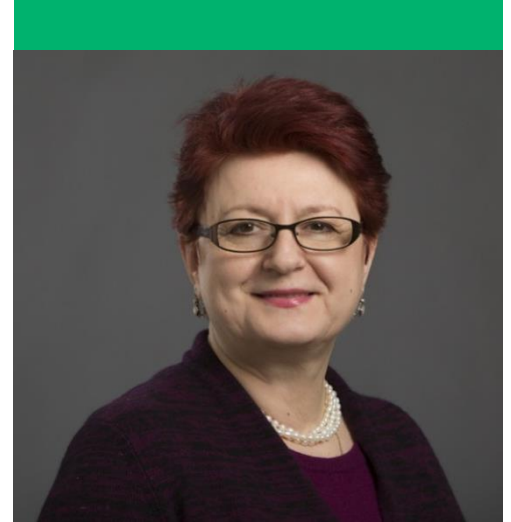


Olimpia Paun, PhD, RN, FGSA

The Nurses Alumni Association Professor of
Health and Aging



Advancement of Medicine

This report is limited to the final six months of my appointment, January through June 2024. After completing our National Institute on Aging-funded clinical trial “Dementia Caregiver Chronic Grief Management: A Live Online Video Intervention,” we are reanalyzing data for manuscript submission. Preliminary analyses indicate that our grief management intervention, which is designed to address family caregivers’ grief and other mental health symptoms in the context of placement of a family member in long-term care, had a significant effect on participants’ anxiety and grief levels.

Mentorship

I continued my mentorship efforts in support of junior faculty and former PhD advisees whom I guided in submitting their work for publication.

Relevant Grants:

- Co-principal investigator: Culturally-tailored Stress Reduction Program for Korean ADRD; Caregivers Alzheimer's Association Research Grant to Promote Diversity – Alzheimer’s Association; 1/1/2025-Present
- Co-principal investigator: Stress among Korean-American ADRD Home Care Workers: A Wearable Technology Approach; Rush University Cohn Fellowship Grant; 7/1/2024–Present

Relevant Publications:

- Kim, H., Paun, O., Bishop-Royse, J., Mayahara, M., Chong, S. (2025). Living between two cultures: Stress in Korean American family caregivers of individuals with Alzheimer’s disease and related dementias. *Aging & Mental Health*, 29(4), 606-613.

- Burton, S., Paun, O., Ruppar, T., Mohr, L., Emezue, C. N., & Szanton, S. L. (2025). Resilience in Black/African American partner caregivers of persons with Alzheimer's disease and related dementias. *Research in Gerontological Nursing*, 18(1), 21-28.
- Graham, K. L., Paun, O., Bounds, D. T., Stillerman, A., Mohr, L. D., & Barnes, L. L. (2025). Examining the impact of adverse childhood experiences and active coping in older Black: A mixed methods study. *Research in Gerontological Nursing*, 18(2), 57-67.

Publication Highlights

As Aging Matters Section Editor for the *Journal of Psychosocial Nursing and Mental Health Services*, I co-authored the following articles addressing mental health issues in older adults:

- Graham, K. L. & Paun, O. (2024). Effects of adverse childhood experiences in black older adults. *Journal of Psychosocial Nursing and Mental Health Services*, 62(2), 9-12.
- Kirk, L., Eull, D., Flaten, C., & Paun, O. (2023). Combating social isolation in older adults: An intergenerational nursing communication project. *Journal of Psychosocial Nursing and Mental Health Services*, 61(10), 9-11.
- Paun, O. & Loukissa, D. (2023). Substance use disorder in older adults. *Journal of Psychosocial Nursing and Mental Health Services*, 61(7), 8-12.
- Paun, O. (2023). Older adults and late-life depression. *Journal of Psychosocial Nursing and Mental Health Services*, 61(4), 8-11.
- Mayahara, M. & Paun, O. (2023). Mental health of older adults at the end of life. *Journal of Psychosocial Nursing and Mental Health Services*, 61(1), 12-15.
- Paun, O. & Kim, H. (2024). Mental health needs of older Asian Americans. *Journal of Psychosocial Nursing and Mental Health Services*, 62(7), 11-15.
- Tumbali, Y., Inventor, B., & Paun, O. (2024). Clear minds – Unravelling delirium in older adults. *Journal of Psychosocial Nursing and Mental Health Services*, 62(11), 11-18.

In addition, I co-authored the following articles with current and/or former doctoral advisees:

- Burton, S., Ailey, S. H., & Paun, O. (2024). Partner caregiver resilience: A scoping review. *Research in Gerontological Nursing*. Accepted for publication.



- Karana, Z. & Paun, O. (2023). Dementia simulation for family caregivers of persons with dementia: A scoping review. *Western Journal of Nursing Research*, 45(11), 1053-1062.
- Mossa, A., Mayahara, M., Emezue, C., Paun, O. (2023). The impact of rapidly progressing neurodegenerative disorders on caregivers: An integrative literature review. *The Journal of Hospice and Palliative Nursing*, 26(2), 1-12. 2024

The Year Ahead: 2025 and Beyond

Due to my impending retirement, this professorship ended in summer 2024.

With Gratitude

I am very grateful for the opportunity to have held this professorship for the past five years. Mentoring junior faculty and doctoral advisees in conducting research and publishing in the gerontological nursing arena was a very rewarding process. I hope my mentees will continue to grow the gerontological nursing science and scholarship. I feel very honored and privileged to have had this opportunity. Thank you!