



———— EIGHTH ANNUAL ————

Global Health Symposium

March 22-25, 2021

A dark green world map is visible in the background of the lower half of the page.

Sponsored by

Office of Faculty Affairs

Office of Global Health

EIGHTH ANNUAL

Global Health Symposium

March 22-25, 2021

Events at a Glance

All events will be held from noon to 1 p.m. each day.

<div>Monday, March 22</div> <div>Remote</div>	<div>Understanding Current Disparities in Mental Health: a Historical Perspective</div> <div>Fernando Espí Forcén, PhD, MD</div> <div>Attending Physician, Massachusetts General Hospital</div> <div>Instructor, Department of Psychiatry, Harvard Medical School</div>
<div>Tuesday, March 23</div> <div>Remote</div>	<div>Global to Local: Using Trauma-Focused Therapies to Improve Mental Health in the Democratic Republic of Congo, Iraq and the United States</div> <div>Debra Kaysen, PhD</div> <div>Professor, Department of Psychiatry and Behavioral Sciences, Stanford University</div> <div>Immediate Past President of the International Society for Traumatic Stress Studies</div>
<div>Wednesday, March 24</div> <div>Remote</div>	<div>The Doors Are All Open, But Where Do We Go Now?</div> <div>Matthew Brown, DO, MBA</div> <div>Former Chief Medical Officer, Trilogy Behavioral Healthcare</div> <div>Co-Founder and CEO, Psych Arts Services</div>
<div>Thursday, March 25</div> <div>Remote</div>	<div>Addressing Disproportionate Need and Access to Care for West Side Communities</div> <div>Anne K. Rufa, PhD</div> <div>Director, Section of Community Behavioral Health, Rush University</div> <div>Assistant Professor, Department of Psychiatry and Behavioral Sciences, Rush Medical College</div> <div>Tanya R. Sorrell, PhD, PMHNP-BC</div> <div>Pending Associate Professor, Department of Psychiatry and Behavioral Sciences, Rush Medical College</div> <div>Assistant Director of an NIH NIDA Great Lakes Clinical Trials Network</div>

EIGHTH ANNUAL
Global Health Symposium
March 22-25, 2021

Dear Students, Faculty and Staff:

I am excited to welcome you to the eighth annual Global Health Symposium. We are eager to hear from this year's group of accomplished speakers as they share their views and experiences.

One of the goals of the Office of Global Health is to expose the Rush community to global experiences and facilitate scholarly work on initiatives that benefit international communities. Many of our faculty, students, residents, fellows and staff devote their time and efforts to make an impact worldwide. The Global Health Symposium provides them with a platform to share the results of their work.

I thank you for supporting the Offices of Faculty Affairs and Global Health and look forward to your continued involvement.

Sincerely,



Susan Chubinskaya, PhD
Vice Provost, Faculty Affairs, Rush University

EIGHTH ANNUAL
Global Health Symposium
March 22-25, 2021

Dear Students, Faculty and Staff:

On behalf of the Office of Global Health at Rush, I thank each of you for participating in the eighth annual Global Health Symposium. As a practitioner of internal medicine at Rush — an academic medical center with excellent providers, infrastructure and a mission to provide care to all patients who cross our threshold — I consistently see patients who have not been able to access regular mental health care. So imagine a victim of rape in the Congo, someone experiencing homelessness and addiction in the streets of Chicago or a displaced Haitian mother who lost children and her home in the 2010 earthquake — what help is there for them?

This year's Global Health Symposium examines the historical roots of disparities in mental health access and treatment, and highlights some innovative programs that are attempting to break down barriers, both locally and globally. We are delighted to have speakers whose expertise, experience and passion will enhance our knowledge of how we got here and what can be done to treat the most vulnerable populations.

We are looking forward to learning from and inspiring one another.

Gratefully,



Stephanie Crane, MD
Director, Office of Global Health, Rush University



Understanding Current Disparities in Mental Health: a Historical Perspective

Fernando Espí Forcén, MD, PhD

Attending, Massachusetts General Hospital

Instructor, Department of Psychiatry, Harvard Medical School

Synopsis

Approaches to psychiatric care in the United States have gone back and forth between revisiting old ideas and embracing new ones. Often, psychiatry has gone from one pole to another in just a few years. Psychiatry has not always integrated well the different biopsychosocial aspects pertinent to optimal care. Throughout history, psychiatry has often been seen in disdain by society, physicians and even psychiatrists.

New ideas about mental health have at times completely erased the past and replaced prior thinking. Stigma related to mental illness has often created a shameful feeling among psychiatrists, which has led to missed opportunities to learn from the past. For instance, psychiatry residents and medical students are frequently encouraged to memorize DSM-5 as a matter of fact — isolated from the history of phenomenology behind the manual. Psychopharmacology is embraced as a part of a medical model without being questioned. Psychotherapy is split between dynamic vs. cognitive in an almost political manner. Neuroscience of psychiatric disorders appears to sail separately without route.

Humanism can help us better integrate the different disciplines and feel more comfortable with what we don't know. History can help us become more creative and bring new ideas to face the current challenges in treating mental illnesses.

Biography

Fernando Espí Forcén, MD, PhD, is a psychiatrist at Massachusetts General Hospital in Boston. He was an assistant professor in the Department of Psychiatry and Behavioral Sciences at Rush University from 2015 to 2020.

His dissertation is titled “Demons, Fast and Death,” which looked at the state of mental health in 13th and 14th century Europe. He published three articles based on his PhD work: one paper titled “Demonic Possessions and Mental Illness” was accepted at the *Journal of Early Science and Medicine*, a paper about holy fasting in the Middle Ages and its parallels with eating disorders was published at the *Journal of Nervous and Mental Disease*, and a third manuscript titled “Ars Moriendi” discusses the psychological techniques used by priests in Europe to care for the dying at the hospital in medieval times. The latter was accepted at the journal *Palliative and Supportive Care*.

Recently, he published an article titled “Casas de Locos: the Treatment of the Mentally Ill in the Hispanic World.” In addition, he has a number of essays published at the *American Journal of Psychiatry* and the *British Journal of Psychiatry*, including one about Benjamin Rush, the father of psychiatry in the United States, and another about Bernardino Álvarez, the founder of the first hospital for the mentally ill in America.

This year his research has focused on insanity assessments made by physicians hired by the Spanish Inquisition in the early 17th century to differentiate heresy from madness. A paper related to the topic was published at the *Journal of American Academy of Psychiatry and the Law*.

In addition, Espí Forcén is very interested in podcasting. He has been a guest speaker on several podcasts in the United States and Spain. He also hosts his own podcast, El Último Humanista, which focuses on psychiatry and humanities.



Global to Local: Using Trauma-Focused Therapies to Improve Mental Health in the Democratic Republic of Congo, Iraq and the United States

Debra Kaysen, PhD

Professor, Department of Psychiatry and Behavioral Sciences, Stanford University

Synopsis

Mental health and substance use disorders are among the largest contributors to the global burden of disease. Trauma exposure is a contributor to the risk of developing these disorders. Although we have effective treatments for trauma-related symptoms, the majority of those who could benefit from care will never receive it.

The gap between those who need care and those who can access it is especially pronounced in low- and middle-income countries. Within the United States the gap is particularly pronounced in low-income communities. Moreover, ethnically diverse communities are often struggling with syndemics of poverty, discrimination, violence exposure, substance use and mental health concerns.

Debra Kaysen, PhD, will discuss her findings from two different lines of research. First, she will describe her research in the Democratic Republic of Congo and Iraq in adapting cognitive processing therapy to fit the local context. She will also discuss her work in testing cognitive processing therapy with Native Americans in rural areas. Challenges in implementation and scaling up services will be discussed.

Biography

Debra Kaysen, PhD, is a clinical psychologist and a professor in the Department of Psychiatry and Behavioral Sciences at Stanford University. She is also currently the immediate past president of the International Society for Traumatic Stress Studies (www.istss.org). Her specialty both in research and clinical work is in the treatment of those who have experienced traumatic events, including people with PTSD, and mood and substance use disorders.

Kaysen is a leading expert on the adaptation of evidence-based PTSD treatments for diverse populations. Her research has been funded by the National Institute of Alcohol Abuse and Alcoholism, the National Institute of Drug Abuse, the National Institute on Minority Health and Health Disparities, the Department of Defense, the Patient-Centered Outcomes Research Institute and the United States Agency for International Development.



The Doors Are All Open, But Where Do We Go Now?

Matthew Brown, DO, MBA

Former Chief Medical Officer, Trilogy Behavioral Healthcare

Co-Founder and CEO, Psych Arts Services

Synopsis

Matthew Brown, DO, MBA, will provide an overview of the history of community mental health care in America. He will critique the incentive structures that have been put in place as we try and make sense of how we got to where we are now and what community mental health treatment may look like in the future.

Biography

Matthew Brown, DO, MBA, is board certified in adult psychiatry, and child and adolescent psychiatry. He has presented nationally and internationally on trauma, attachment and psychedelic medicine. Brown is the co-founder and CEO of Psych Arts Services in Chicago, an outpatient private practice. He is the former chief medical officer at Trilogy Behavioral Healthcare, a community mental health center that serves people with severe mental illness and other vulnerable populations throughout Chicago, with the goal of enabling them to live independent lives. In addition, he is an adviser for the *Psychedelics Today* podcast.



Addressing Disproportionate Need and Access to Care for West Side Communities

Anne K. Rufa, PhD

Director, Section of Community Behavioral Health, Rush University

Assistant Professor, Department of Psychiatry and Behavioral Sciences, Rush Medical College



Tanya R. Sorrell, PhD, PMHNP-BC

Pending Associate Professor, Department of Psychiatry and Behavioral Sciences, Rush Medical College

Assistant Director of an NIH NIDA Great Lakes Clinical Trials Network

Synopsis

This session will address the disproportionate mental health needs in underserved communities, including some of the benefits and barriers to the shift toward telehealth services. Additionally, we will discuss building a research program in our team to train providers and laypeople on the West Side of Chicago in the common elements treatment approach, which is a brief transdiagnostic mental health intervention originally developed for use in global health settings.

Biography

Anne K. Rufa, PhD, is the director of the Section of Community Behavioral Health and an assistant professor in the Department of Psychiatry and Behavioral Sciences at Rush University. Rufa has clinical experience serving clients across the lifespan and in varied settings, including community mental health clinics, hospital outpatient clinics and the VA. She received her doctorate at DePaul University in clinical/community psychology and is a licensed clinical psychologist in the state of Illinois. Her clinical interests focus on trauma and interpersonal violence. She engages in community-based research aiming to reduce mental health concerns associated with trauma and identify effective prevention and intervention efforts.

Tanya R. Sorrell, PhD, PMHNP-BC, is an associate professor of psychiatry at Rush University and the assistant director of an NIH NIDA Great Lakes Clinical Trials Network. Her doctoral training is in rural and urban underserved mental health and substance use services research, with a minor in complementary and integrative behavioral health practices for Latino groups. She helped develop and teach a graduate nursing medical course in Cultural Competence in Psychiatric Assessment, Diagnosis and Treatment, and provided course content and lectures to other students in mental health and cultural competency throughout the University of Colorado Anschutz Medical Campus curricula. Her clinical and education work led to state and national accolades, as she served on national SAMHSA committees for Cultural Competence in Nursing Care.

Formerly a program director of a \$5 million statewide Colorado legislative-funded Medication Assisted Treatment Services Program project to increase substance use treatment in 17 rural Colorado counties. She is now working with a similar project in Illinois. She is assistant director of the Illinois' SUD Leadership Initiative and is a member of the state's Substance Use Advisory Council.

She has served on the advisory boards for the Denver County Opiate Task Force and the Colorado Leadership Committee for Collective Impact in Substance Use Services. Her publication record reflects translational research interests in increasing behavioral health care and services using cultural-based approaches to improve the overall behavioral health and substance outcomes of rural and urban underserved populations.

Our Mission

To advance ongoing involvement and develop new programs with global health initiatives that could have a mutual benefit from the voluntary assistance of students, residents, fellows, faculty and staff at Rush.



Susan Chubinskaya, PhD
Vice Provost
Faculty Affairs
susanna_chubinskaya@rush.edu



Stephanie Crane, MD
Director, Global Health
Section Director,
Global Health Fellowship
stephanie_crane@rush.edu



Jacqueline Lagman, RN, MSN, CNL
Program Manager, Global Health
jacqueline_m_lagman@rush.edu



Dina Rubakha, MEd
Academic Program Manager
Faculty Affairs
dina_rubakha@rush.edu

Office of Global Health

Armour Academic Center
600 S. Paulina St., Suite 1044
Chicago, IL 60612
(312) 563-0369
global_health@rush.edu

rushu.rush.edu/global-health



