



RUSH Update in Otolaryngology

2023 Didactic Conference

October 27-28, 2023

Hands on Lab for In-Office and OR
Options for Nasal Valve Management



RUSH Update in Otolaryngology 2023

October 27-28, 2023 | LOCATION:

RUSH University Medical Center
Rubschlager Ambulatory Building
Conference Room A&B - 04103
1520 W. Harrison St., Chicago, IL 60607

A comprehensive national educational conference
dedicated to the study of contemporary issues in ear,
nose, throat, head and neck disorders



Course Directors



Pete Batra, MD
Friedberg Chair and
Professor



Mihir Bhayani, MD
Associate Professor



**Michael
Eggerstedt, MD**
Assistant Professor



Michael Hutz, MD
Assistant Professor



Anatoli Karas, MD
Assistant Professor



Bobby Tajudeen, MD
Associate Professor

RUSH Otolaryngology Faculty

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Peter Filip, MD
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Ashok Jagasia, MD
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Eli Michaelides, MD
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Peter Papagiannopoulos, MD
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Krupa Patel, MD
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Peter Revenaugh, MD
Associate Professor

Ryan Smith, MD
Assistant Professor

Kerstin Stenson, MD
Professor

Vanessa Stubbs, MD
Assistant Professor

Mausumi Syamal, MD, MS
Assistant Professor

Guest Faculty



Ryan Nord, MD
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Department of
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RUSH Faculty

Kara Houston, AuD
Assistant Professor, Division of
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Brian W. Kim, MD
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Mariam Mafee, MD
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Maha Mahdavinia, MD
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Sleep Medicine

Tirth Patel, MD
Fellow, Otology and Neurotology

Pallavi P. Patwari, MD
Associate Professor,
Department of Pediatrics

James Rowley, MD
Professor, Division of
Pulmonary, Critical Care and
Sleep Medicine

Brian Walker, MD
Fellow, Facial Plastic and
Reconstructive Surgery

Objectives

- Review the diagnostic work-up and surgical management of pediatric neck masses.
- Understand specific measures to mitigate risks related to malpractice in otolaryngology.
- Review the updated Clinic Practice Guidelines on tympanostomy tubes in children.
- Discuss differences in pediatric vs. adult polysomnography and understand management of difficult cases, specifically obese and medically complex children.
- Comprehend the workup and management of salivary gland neoplasms.
- Review the office based evaluation and intervention for thyroid nodules.
- Improve patient selection for hypoglossal nerve stimulation by understanding key factors for therapy response and compliance.
- Interpret collapse patterns observed during drug-induced sleep endoscopy and their impact on clinical decision-making.
- Describe the timing, indications, and techniques for surgical scar revision.
- Review the diagnostic and medical management of acute facial nerve paralysis.
- Appreciate the various surgical methods to treat structural nasal obstruction.
- Discuss operative techniques for reconstruction of defects after Mohs cancer resection.
- Review options for OTC hearing aids.
- Highlight new indications and techniques in cochlear implantation.
- Understand diagnosis and management of AERD.
- Review management of polyps in the era of biologics.

Registration and Accreditation

To register, scan the QR code or visit <https://cvent.me/PnqRvV>



Joint Accreditation Statement:

In support of improving patient care, this activity has been planned and implemented by Amedco, LLC and RUSH University Medical Center. Amedco, LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

ACCME Credit Designation Statement:

Amedco, LLC designates this live activity for a maximum of 12.50 *AMA PRA Category 1 Credits*™ for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Day 1 Schedule

Friday, October 27, 2023

7:00 – 7:50 a.m. Registration, Breakfast and Exhibits
7:50 – 8:00 a.m. Welcome and Announcements (*Batra*)

Session 1

Rhinology

Moderator: Bobby Tajudeen, MD

8:00 – 8:20 a.m. Update on diagnosis and management of AERD (*Batra*)
8:20 – 8:40 a.m. Recalcitrant maxillary sinusitis (*Tajudeen*)
8:40 – 9:00 a.m. Tips and tricks for in-office rhinology procedures (*Filip*)
9:00 – 9:45 a.m. Panel: Managing nasal polyps in the era of biologics
(Moderator: *Papagiannopoulos*, Panelists: *Batra, Filip, Mahdavinia, Tajudeen*)
9:45 – 9:50 a.m. Q&A
9:50 – 10:10 a.m. Break with Exhibitors

Session 2

Sleep

Moderator: Michael Hutz, MD

10:10 – 10:30 a.m. Pearls and pitfalls of hypoglossal nerve stimulation (*Nord*)
10:30 – 10:50 a.m. The dreaded complete concentric collapse: Now what? (*Hutz*)
10:50 – 11:10 a.m. Sleep Study 101: Beyond the AHI (*McCullough*)
11:10 – 11:55 a.m. Panel: Management of the complex adult OSA patient
(Moderator: *Hutz*, Panelists: *Nord, McCullough, Rowley*)
11:55 – 12:00 p.m. Q&A
12:00 – 1:00 p.m. Lunch

Session 3

Facial Plastic and Reconstructive Surgery/Laryngology

Moderator: Michael Eggerstedt, MD

- 1:00 – 1:20 p.m. Optimizing surgical scars/Septal perforation repair (*Eggerstedt*)
- 1:20 – 1:40 p.m. Management of acute facial nerve paralysis (*Smith*)
- 1:40 – 2:00 p.m. Functional nasal surgery (*Revenaugh, Jagasia*)
- 2:00 – 2:20 p.m. To tube or not to tube? Comparing ventilation techniques in microlaryngeal surgery (*Syamal*)
- 2:20 – 2:55 p.m. Panel: Reconstruction of mohs defects after skin cancer resection (*Moderator: Smith, Panelists: Eggerstedt, Mafee, Walker*)
- 2:55 – 3:00 p.m. Q&A
- 3:00 – 3:20 p.m. Break with Exhibitors/Walk to RUSH Otolaryngology Lab

Session 4

Hands-On Lab: In Office and OR Options for Nasal Valve Management

- 3:20 – 4:10 p.m. In-office nasal valve options (*Tajudeen, Papagiannopoulos, Filip*)
- 4:10 – 5:00 p.m. Operative suite nasal valve options (*Revenaugh, Smith, Eggerstedt*)

Day 2 Schedule

Saturday, October 28, 2023

7:30 – 8:00 a.m. Registration, Breakfast and Exhibits

Session 5 Head and Neck Surgical Oncology Moderator: Mihir Bhayani, MD

8:00 – 8:20 a.m.	Salivary gland neoplasms: From office to the OR (<i>Al-Khudari</i>)
8:20 – 8:40 a.m.	Office-based evaluation and intervention for thyroid nodules (<i>Bhayani</i>)
8:40 – 8:55 a.m.	Neck management in differentiated thyroid cancer (<i>Stubbs</i>)
8:55 – 9:10 a.m.	Multidisciplinary management of aggressive thyroid cancer (<i>Stenson</i>)
9:10 – 9:45 a.m.	Panel: Decision making in thyroid and salivary gland malignancy (<i>Moderator: Bhayani, Panelists: Al-Khudari, Kim, Stenson, Stubbs</i>)
9:45 – 9:50 a.m.	Q&A
9:50 – 10:10 a.m.	Break with Exhibitors

Session 6 Pediatrics/General Moderator: Anatoli Karas, MD

10:10 – 10:30 a.m.	Evaluation and management of pediatric neck masses (<i>K. Patel</i>)
10:30 – 10:50 a.m.	Malpractice in otolaryngology (<i>Jagasia</i>)
10:50 – 11:10 a.m.	Update on pediatric otitis media (<i>Karas</i>)
11:10 – 11:55 a.m.	Panel: Managing pediatric obstructive sleep apnea (<i>Moderator: Karas, Panelists: Jagasia, K. Patel, Patwari</i>)
11:55 a.m. – Noon	Q&A
Noon – 1 p.m.	Lunch

Session 7

Otology

Moderator: Elias Michaelides, MD

1:00 – 1:20 p.m.	OTC hearing aids: The good and the bad (<i>Houston</i>)
1:20 – 1:40 p.m.	New indications and techniques in cochlear implantation (<i>T. Patel</i>)
1:40 – 2:00 p.m.	Evolution of cholesteatoma surgery (<i>Michaelides</i>)
2:00 – 2:45 p.m.	Panel: Challenging cases in chronic otitis media (<i>Moderator: Michaelides, Panelists: Houston, Karas, T. Patel, K. Patel</i>)
2:45 – 2:50 p.m.	Q&A
2:50 – 3:00 p.m.	Closing Announcements and Adjourn