

Family Medicine Leadership Program

Year in Review
2020-2021



Carl Lambert, MD
Director



Priscilla Auguston, MD
Assistant Director

Family Medicine Leadership Program

Mission

The Mission of the Rush Family Medicine Leadership Program is to grow and inspire the next generation of family medicine physician-leaders.



Carl Lambert, MD
Director, Family Medicine Leadership Program



Priscilla Auguston, MD
Assistant Director, Family Medicine Leadership Program

Longitudinal Components

Clinic



Longitudinal, evolving clinical experience with a family medicine preceptor for all 4 years of medical school.

Small Group Learning



Opportunities to dialogue and learn from faculty and peers.

Topics include: systemic racism, LGBTQ care, end-of-life care, resiliency, etc.

Leadership & Advocacy



Sessions to help bolster formal leadership skills.

Opportunities for students to become involved at the local- and national-level family medicine organizations.

Community Engagement



Introduction to health equity issues on the south and west sides of Chicago with opportunities to work beside clinicians and community stakeholders on projects.

Research



Skill-building workshops to conduct research and scholarly work via the design-thinking framework with opportunities to present work at local and national conferences.

Physical Diagnosis



Personalized sessions to boost clinical confidence with examination and clinical reasoning in patient encounters.



“It has been my favorite part of medical school. I have been able to form a community surrounding family medicine and made meaningful relationships with staff and students alike.” -Current FMLP Student



Year In Review



To my department colleagues, students, leadership, and alum,

No doubt, this year has been one of the most challenging ever witnessed by our department and especially our program, but I am incredibly astounded by the camaraderie, resilience, and heart that everyone has brought to make this program the best that it can possibly be. I hope that this newsletter brings you a sense of joy in all the ways our students and faculty have continued to represent the very core of what family medicine is about - service to others even under times of trial. You and our students remind me daily of the joy that Family Medicine brings to our patients, communities, and even ourselves. As one of my favorite quotes mentions: "Education breeds confidence, confidence breeds hope, and hope breeds peace." The work and dedication of everyone in this program indeed brings me great hope and peace, and I look forward to what the future brings.

Peace, Blessings, and Gratitude,
Carl Earl Lambert, Jr., MD, FAAFP



We want to send a special message of appreciation to Betty Dominguez and Elvia Medrano for all of their hard work and grace behind the scenes organizing and coordinating our many activities (and essentially dealing with Dr. Lambert's crazy and random e-mail requests).

This program doesn't go smoothly without you and we stand in awe of how you always make all of this look so easy, so from all of us.

WE THANK. YOU!!!

From Drs. Lambert, Auguston, Rowland, Lauren Anderson, and the entire Rush FM Department



Little did I suspect when we started the FMLP 8 years ago what an enormous success it would turn into. I don't just mean the obvious highlights here: all of the alumni who have matched into amazing Family Medicine residency programs, the awards like the Pisacano Fellowships and the Schweitzer Fellowships, all the students who have given presentations at regional and national meetings... What I am most impressed with is the incredible time, effort, and thought that each of

you puts in to community and research projects. I cannot imagine having done all this extra work back when I was in medical school -- and believe me when I say that there wasn't anywhere near as much to memorize back then as there is now. The projects that you tackle cover the most challenging areas in health care: health disparities, homelessness, overweight and obesity, substance use disorder, PTSD, and so much more. Every time you give presentations I am blown away by what you are working on, and what I learn from each of you. On MedTwitter, there's a lot of talk about the #FMRevolution; when we finally succeed in getting a revolution of the US health care system that puts patients first, I know exactly who I will find in the front lines. I'm really proud to count each of you as colleagues.

Steven K. Rothschild, MD
Chair, Department of Family Medicine

2020-2021 Accomplishments

Student, Faculty and Program

Despite COVID the FMLP has been busy!

Carl Lambert, MD



Illinois Family
Physician Teacher of
the Year

AT&T 2021 Future Maker

The Phoenix Award
2021 Recipient

Awarded to the outstanding physician-
teacher who has exhibited excellence
in medical education and professional
and personal qualities the class would
like to emulate as physicians.

Leadership

Natali Smiley (Class of 2024)
FMIG Student Leader; Students for Global
Health Student Leader

Marissa Pharel (Class of 2024)
SNMA Chapter President; LMSA Vice
President of External Affairs; Committee on
Admissions; Faculty Council Rep

Emily Wayland (Class of 2024)
FMIIG Student Leader; Community Harm
Reduction Outreach RCSIP Steerer;
Ohana RCSIP Steerer; AMSA Global Health
Education Chair

Emma Klug (Class of 2024)
Medical Mobile Van RCSIP Steerer;
Community Harm Reduction Outreach RCSIP
Steerer; Students for Social Responsibility
Steerer

Sheryl Cherian (Class of 2024)
RMC Ambassador; SCORE Committee
Member; RUCaring RCSIP Steerer;
AMWA Board Member

Lily Peterson (Class of 2023)
Rush Wilderness Medicine Society, President;
Rush Tobacco Cessation Initiative, Steerer



Natali Smiley
(Class of 2024)
2021-2022 Chicago
Area Schweitzer
Fellow



Tim Huang
(Class of 2023)
2021 AAFP
Foundation Family
Medicine Leads (FML)
Emerging Leader
Institute Scholarship

2021 STFM Student
Scholar



**Rebecca
Wornoff**
(Class of 2021)
Karen Goldman,
MD Award
for Humanism in
Medicine



Leah Petrucelli
(Class of 2021)
Alpha Omega Alpha
Medical Honor
Society



Laura Hurley
(Class of 2022)
Anne C. Carter Global
Health Fellowship!



Emma Klug
(Class of 2024)
Award Winner
COPE Medical
Student Curriculum
Challenge

Rush FMIG Leadership

AAFP Foundation
Family Medicine
Student Organization
Grant Program

AAFP Family
Medicine Student
Organization Core
Grant

FMLP Scholarship

- **Emma Klug**, National Academy of
Medicine Stigma of Addiction Summit
- **Stephanie Moss**, STFM Spring Conference
- **Lauren Anderson & Kathleen Rowland**,
STFM MSE

Family Medicine Leadership Program

Program Evaluation 2021

"It has been my favorite part of medical school. I have been able to form a community surrounding family medicine and made meaningful relationships with staff and students alike."

FMLP Student

"Inspiring the next generation of FM doctors"

Clinical Preceptor

100% of students would suggest FMLP to a new student

93% of students identified a mentor in family medicine

93% of students would choose FMLP again

93% of students are very or somewhat confident they will end up in FM

▼ 7%

▼ 7%

86% of students thought the program adapted well to COVID

100% of students believe that FMLP makes changes based on their feedback!

2021 Priorities



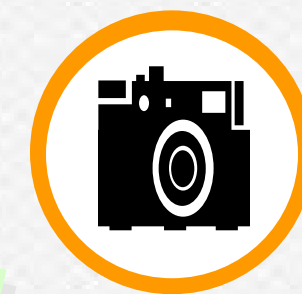
Teambuilding and Social Events

Create a social committee to plan department wide events for faculty, staff and students.



Marketing and Recruitment

Revise application and create info graphic to describe strengths of the program.



Website

Update website with more photos and videos of preceptors and students.



Communication

Enhance ways to share FMLP related news with the department and community faculty.



Small Group Sessions

Formalize small group meetings into a curriculum. Limit number of sessions per semester.



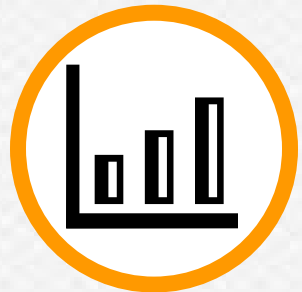
Faculty Development

Implement quarterly faculty development sessions for FMLP faculty.



Engagement of Non-FMLP Students

Create a program to better engage non-FMLP students who are interested in FM.



Research Design

Restructuring research curriculum to focus on projects that are present in the FM department.



Clinical Preceptors

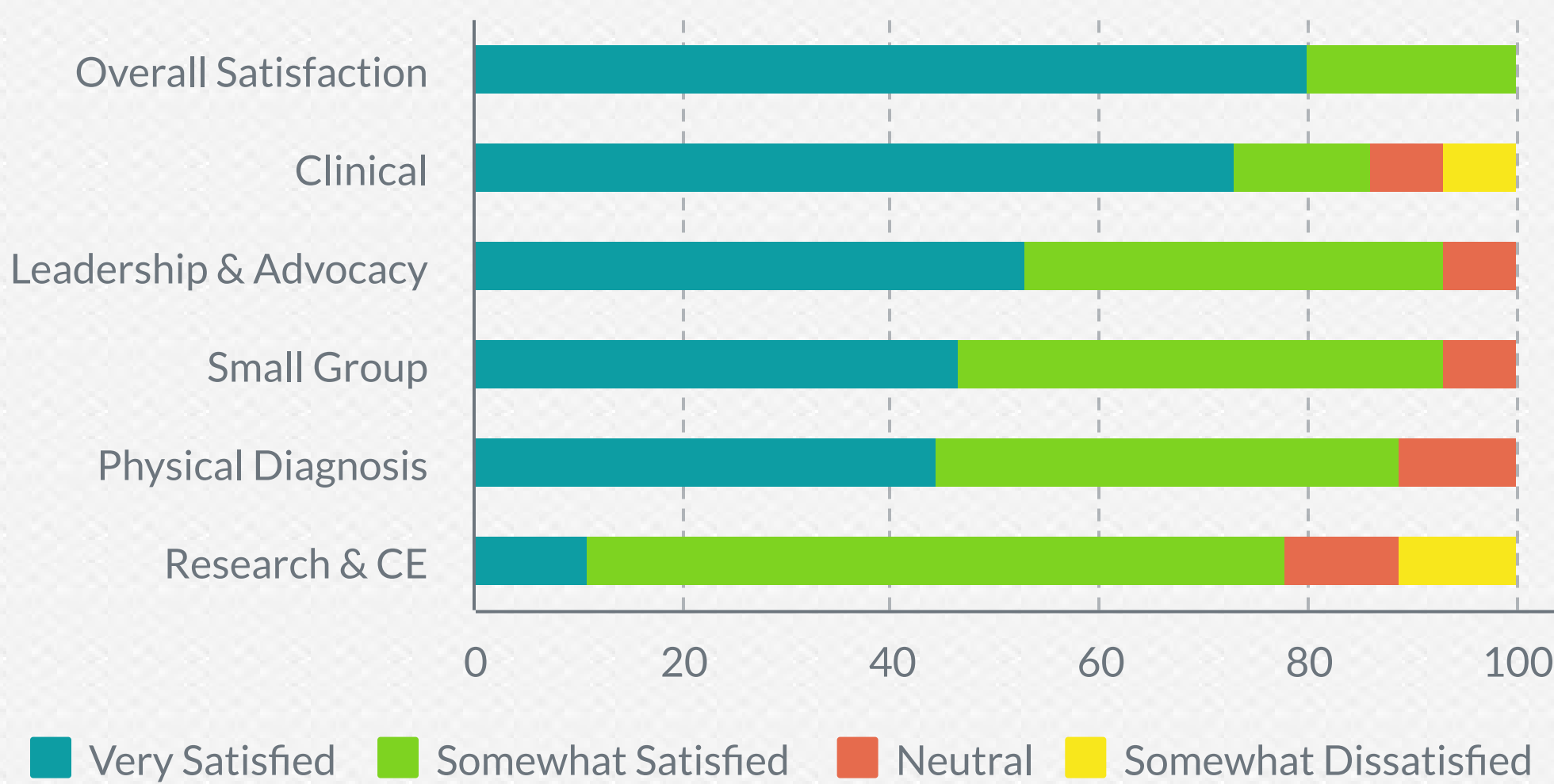
Implement regular check-in points with clinical preceptors throughout the year.



Alumni Network

Create a alumni database to keep graduates engaged. Create more opportunities for alumni to interact with current students.

Program Satisfaction



Even COVID Couldn't Stop Us!

2020 Accomplishments

Some Amazing Student Accomplishments

- Schweitzer Fellowship
- Conference presentations
- Student leadership positions

Office Visit Curriculum

Revise and add objectives for sessions



Leadership and Advocacy

Create a longitudinal curriculum



Handbook

Revise mission, goals and objectives



Assessment

Create formative feedback cards and summative end of year form



Program Evaluation

Create a system of program evaluation



Research

Align research curriculum with RUMC course



Research Class of 2023 Research Presentations



Claire Bosworth

Medicine Far From the Classroom: Lessons in Medic Organizing From 2020 Uprisings in Chicago



Tim Huang

The Value of Medicare Annual Wellness Visits



Stephanie Moss

Empowering Health Professions Students in the Face of a Pandemic: Organizing a Response to Support the Homeless Community and Most at Risk During COVID-19



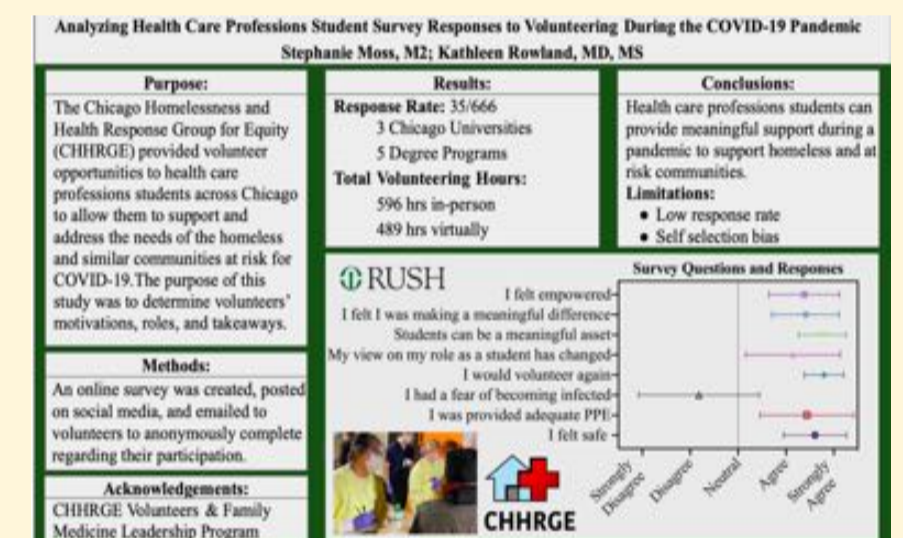
Lily Peterson

Diving Into Design: Co-Designing a Dementia Friendly Public Health Initiative



Maggie Turner

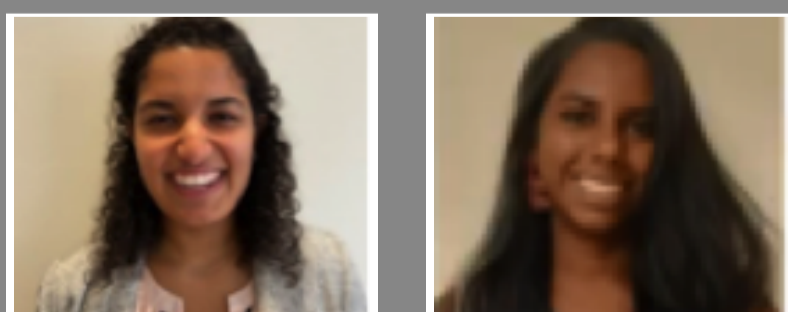
Youth Summer Programming in a Socially Distanced Era: Nutrition Education Through a Community Garden-Based Food Science Curriculum



Poster Presentation, STFM Spring Conference (2021), "Analyzing Health Care Professions Student Survey Responses to Volunteering During the COVID-19 Pandemic."

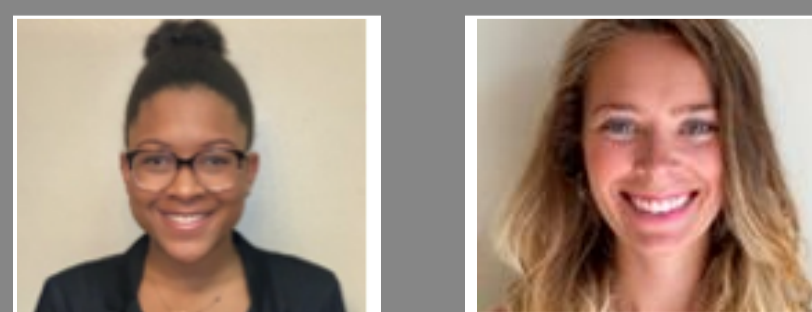
Class of 2024 Research Proposals

Analyzing Visit Completion Gaps in a Postpartum Home Visiting Program



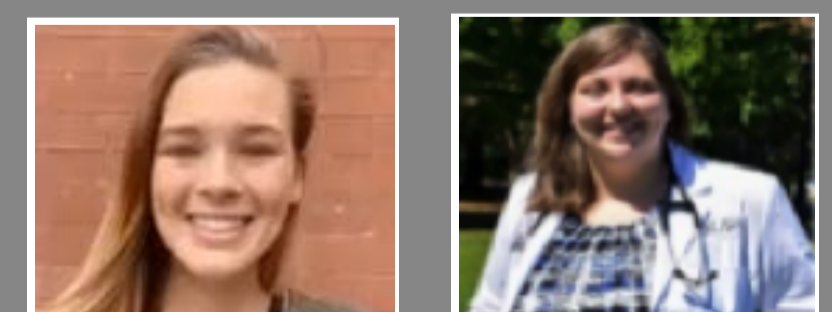
Sheryl Cherian & Jetashree Kumaravel

A Clinical and Community-Engaged Approach to Understanding Mental Health Barriers in Low-Income, Minority Perinatal Mothers



Marissa Pharel & Natali Smiley

Analyzing the Effectiveness of Opioid Overdose Response Trainings for Chicago Homeless Shelter Residents



Emma Klug & Emily Wayland

Student Spotlight

Stephanie Moss

Class of 2023

CHHRGE
Co-Founder
and
Volunteer
Liaison

On the early morning of March 13th, 2020, my husband, Jonah Moss, and I, both M3 RCSIP student leaders, jumped on a phone call with a couple Rush physicians and the CEO of Franciscan homeless shelter to talk about how to proceed with the temporary closing of the student run health clinic.

As a team we were very concerned about the health-inequalities of the homeless population in this shelter as our team were normally the ones to provide their medications and address their medical concerns.

This preliminary meeting in March was the catalyst to an ad hoc cross-institutional pandemic response which has strove to shield homeless individuals while also addressing their needs and the groups who serve them.

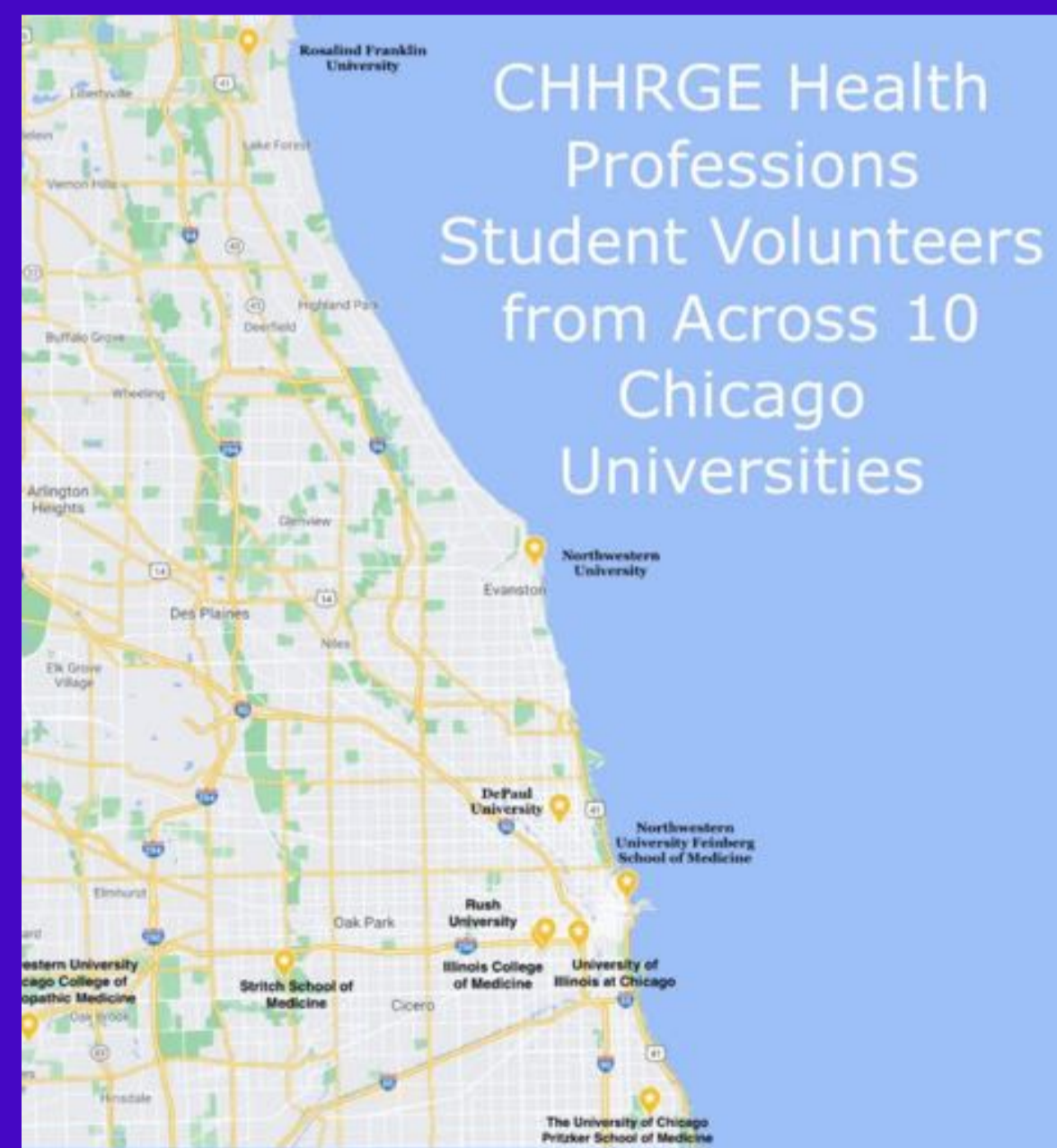
As a medical student leader, I brought in a fresh energy to support the cultivated team in any way I could. Many of my fellow peers felt like they wanted to do something but didn't know where to start. In response, I instigated calls to action using various social media platforms and created a vast data base of student volunteers across 10 undergraduate and graduate Chicago schools that were willing to volunteer either virtually or in person.

One of the many initiatives I led, was raising over \$10,000 in financial donations and supplies through the Chicago community to create over 2,000 hygiene care packages for sheltered individuals. Other volunteer opportunities our student team conducted included daily COVID-19 symptoms screenings and vaccinations, delivering virtual NARCAN trainings, writing and editing the White Paper, hosting clothing and supply drives, creating virtual platforms to collaborate, and organizing and delivering much needed PPE and COVID-19 health and vaccine education.

The most meaningful take-away from this experience was the genuine person-centered compassion and interdisciplinary collaboration demonstrated by my peers. Through bringing together health professions student leaders from across Chicago we have been able to create a CHHRGE Student Leadership subgroup made up of 30 student leaders. These students organize CHHRGE volunteer projects, take notes for the CHHRGE meetings, run the CHHRGE website, and create social media education on advocacy opportunities.

Lastly, this pandemic has opened my eyes to the grave health disparities of the Black and Latinx communities especially on the South and West Side of Chicago. Decreased access to mental health and healthcare facilities, healthy food options, COVID-19 testing, PPE, and spare rooms in their home to isolate has correlated with disproportionate health outcomes to the virus. Through CHHRGE, we have striven to promote health equity.

In conclusion, being a leader within CHHRGE has taught me what social health justice means: to collaboratively connect with others to solve problems while actively striving to promote health equity.



For More Information
www.chhrge.org

Getting to Know You

Meet members of our FMLP family!



Mike Hanak

Linden Michigan
Michigan State
Michigan State

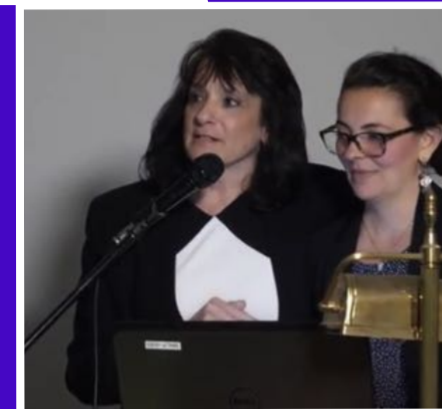
Advocate Illinois Masonic

Name

Where did you grow up
Undergraduate
Medical School
Residency

Marian Sassetti

Elmwood Park
Northwestern
Stanford
Cook County



"To lead the people, walk beside them."

I'm proud of how I'm raising my two girls to be kind. I'm also proud of some of my accomplishments professionally around quality improvement at Rush.

I wanted to be a doctor who would know what to do regardless of the scenario - someone goes down in an airport, or goes into labor at a concert, or has a health problem no one can figure out (to date, only the third has ever happened to me). I have a ton of interests and FM lets me explore those in my career. It's constantly evolving which I love.

Favorite quote or mantra

Something that makes you proud

Why Family Medicine

"What you think you become." -Buddha

Serving on the Board of Directors of a Mental Health Center for the underserved and creating some lasting programs as well as a Domestic Violence Center where youth outreach programs have also been created.

Frankly, the family docs just seemed happier and seemed to be having more fun. Plus I saw the beauty in caring for all ages and didn't want to give up any age group.

Getting through the Eater restaurant list, taking kids to Stan's donuts and the park, Saturday morning soccer games, travel (has taken a major back seat the last year but Vegas awaits)

Egg Rolls (lumpia, southwest, spring, veggie, you name it)

- I almost exclusively listen to EDM and country music
- I worked in a bakery for 7 years in high school and college
- I once DJ'd a wedding

Hans Zimmer, Stephen Hawking, Abraham Lincoln

How you spend your free time

If you could only eat 1 food

3 things we don't know

Dinner party dream guests

Visit my grand babies, participate in workshops through a social justice oriented spirituality center, read about the Universe Story

My grandmother's homemade ravioli

- I have 30 year old triplet boys
- I am thinking of writing a book on being a "wounded healer"
- I love red licorice and estimate I have eaten close to 100 pounds

Mary Magdalene, Mirabi Starr, Brian Swimme



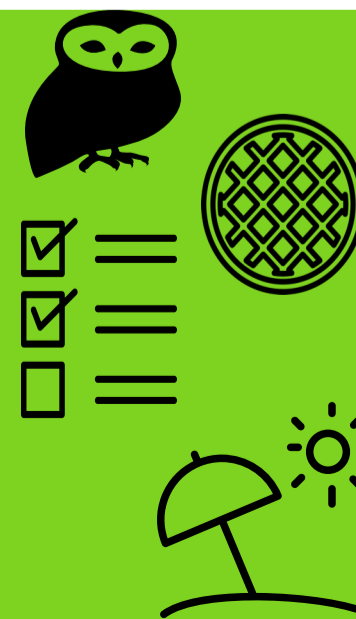
Night Owl or Morning Person

Pancakes or Waffles

Plan It or Wing It

Skiing or Beach Vacation

Justice League or Avengers



Match & Graduation 2021



Leah Petrucelli
Advocate Illinois
Masonic



"The face of family medicine shines brighter with the addition of Leah to its ranks. The patients and communities Leah will serve are extraordinarily fortunate to be touched by her boundless compassion."
-Marian Sasseti, MD

Kavya Timmireddy
Strong Memorial,
Rochester NY



"Kavya's patients will never understand how their doctor was able to spend a full 30 minutes uninterrupted with them - but they will be grateful to have such a kind, dedicated, and compassionate listener as their family physician."
-Michael Hanak, MD

John Walton
Northwestern
McGaw,
Lake Forest IL



"I wish John all the best as he embarks on his journey to become a family physician. He is absolutely brilliant and will make a phenomenal teacher of family medicine in the future. I am so very proud of John."
-Fred Richardson, MD

Rebecca Wornhoff
Boston University
Medical Center,
Boston MA



"I am so proud of you and your accomplishments. It was so great to see you growing as a medical student to become a great doctor. You are a compassionate and empathetic doctor with a genuine concern for your patients. I wish you the best, you will always have a special space in my heart."
-Vimarie Rodríguez MD



Ways to be Involved

- FMLP longitudinal clinical preceptor
- M4 elective preceptor
- Small group facilitator (noon lectures)
- EXPLORE preceptor
- Rush Admissions Committee

For more information contact Elvia, Elvia_Medrano@rush.edu

Upcoming Events

- **AAFP National Conference** (virtual, July 29-31)
- **Family Medicine Midwest** (virtual, Sept 9-11)
- **FMX** (virtual, Sept 28–Oct 2)

*Fall Family Medicine volunteer event information coming soon!

