

ACGME Duty Hour Regulations Effective 7/1/2011

>No more than *80 hours weekly* averaged over four weeks. This includes *all* in-house activities, both patient care and conferences, as well as any moonlighting. PGY-1 residents are *not* allowed to moonlight.

>For PGY-1 housestaff, duty periods must not exceed *16 hours* in duration.

>For PGY-2 and above, *no* additional clinical responsibilities, including new patients and continuity office hours, after *24 hours* of continuous in-house duty. An additional four hours may be worked in order to address transitions in care. At no time may total consecutive work hours exceed *28 hours*.

>For PGY-2 and above, in-house call no more frequently than *every third night*, averaged over four weeks.

>Residents should have *10* and must have 8 hours off between duty periods, as well as *14* hours off following 24 hours of in-house duty.

>A minimum of *one in seven 24-hour periods* free of *all* program responsibilities (including home or pager call) averaged over four weeks. Thus in a four-week rotation, there must be a minimum of four such 24-hour periods.

>Housestaff may not be scheduled for *night float* for more than *six* consecutive nights.

>Compliance with all *specialty-specific* duty hour regulations (when rotating in another department, the *host* program's duty hour regulations are to be followed).

>PGY-1 residents should be *supervised* either directly or indirectly with direct supervision immediately available on-site. Some programs allow indirect supervision after the resident has achieved specific competencies.

Vacation time drops out of the calculation:

If a resident works three weeks and has one week of vacation, he/she must have during the three weeks of work no more than seven in-house calls ($7/21=1/3$), must work no more than 240 hours (80×3), and must have a minimum of three 24-hour periods free of all responsibilities ($3/21=1/7$).

Home or pager call:

Home or pager call is counted toward the duty hour totals for the time that the resident is back in the hospital. Residents may *not* take home or pager call during their 1-in-7 24-hour days off. PGY-1 residents are *not* allowed to take home or pager call.

Rush does *not* allow "ten percent waivers" for 88-hour limits in *any* of its programs.