

# Perinatal NET (Narrative Exposure Therapy) Training Program

## Objectives

As perinatal professionals we know:

- Traumatic stress symptoms (PTSD) are common during pregnancy and postpartum
- Pregnancy and birth can be triggering for survivors of trauma
- Evidence-based interventions are lacking for perinatal populations
- Revisiting trauma memories during pregnancy has been discouraged, but many survivors benefit from having someone to guide them through making sense of their experiences

## Program Description

In a supportive group of other professionals, participants will:

- Attend a live, interactive workshop with hands-on instruction
- Learn how to implement the 6 “pillars” of Narrative Exposure Therapy (NET) for perinatal populations
- Attend monthly consultations to refine delivery of the NET as part of your ongoing practice with clients

## Program Requirements:

1. Attend ONE full 3-day intensive online workshop (course runs 9am-4pm CST)
2. Submit a work sample at end of workshop
3. Participate in monthly group consultations w/ option to submit a perinatal NET therapy case

**Continuing Education (CE) credits include 16.75 credits for the 3-day workshop and 1 credit per monthly consultation session to be held Tuesdays from 9am-11am CST.**

## What

NET is an evidence-based, culturally inclusive psychotherapy for survivors of singular and complex trauma

## Who

Perinatal professionals  
(psychologists, counselors, physicians, nurses, doulas, etc.)

## Why

Learn how to implement the “6 pillars” of NET  
Connect with other perinatal trauma professionals  
Earn 16.75 credits (CNE/CME/SW/PSCH)

## When

Choose One of the Following Workshops:

**March 8 – 10, 2023**

**May 31 – June 2, 2023**

**October 18 – 20, 2023**

## Where & Cost

Online (Zoom) - \$600 / \$400 (Professional / Trainee)

## Apply to Reserve a Space

Scan to complete program application.

**Space is limited!**

Or visit: <https://redcap.link/perinatalNET>



Questions? Email:

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