# Rush Anesthesia Diversity Equity & Inclusion Committee

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DE&I in Education

Diversity, equity and inclusion programs are important in our educational training because they teach us how to listen. They teach us how to celebrate our commonalities and become wiser from our differences.

Shruti Bassi, MD Co-Chair Diversity Equity and Inclusion Committee

### **February is Black History Month**



Founded in 1926, Black History Month honors achievements by African Americans, and is an opportunity to understand Black histories.

Each year since 1928, Black History Month has featured a centralized theme driving the month's focus and celebration of achievements.

The theme for 2022 focuses on the importance of Black health and wellness. It points a lens on how American healthcare has often underserved the African American community.

The theme acknowledges the legacy of not only Black scholars and medical practitioners in Western medicine, but also birth workers, doulas, midwives, naturopaths, herbalists, and cultural practitioners throughout the African Diaspora. This month will celebrate activities, rituals and initiatives that Black communities have done to be well.

Join us as we honor the triumphs and reflect on the struggles of African Americans throughout history.

# Welcoming the Year of the Tiger



February 1, 2022 is the Chinese New Year.

In many places, January 1 is "day one" of the new year, based on a calendar that follows the Earth's movement around the sun. But the lunar calendar—upon which the Chinese New Year is based—tracks time by the moon cycles. That's why people all over the world celebrate Chinese New Year on different days each year.

The Tiger is the third of the 12-year cycle of animals which appear in the Chinese zodiac related to the Chinese calendar.

It's believed that the person who was born in the Year of Tiger tend to brave, strong-willed (or stubborn), pioneering, outspoken, playful, enthusiastic, impulsive, impatient and fearless with a strong sense of justice.

The Year of the Tiger occurs every 12 years. Previous Years of the Tiger include: 2010, 1998, 1986, 1974, 1962, 1950, 1938.

Events & Updates

The DE&I website is live! Check it out here!

# Celebrate National Women Physicians Day and our female physicians!

February 3 is the birthday of Elizabeth Blackwell, MD, the first female medical doctor in the United States. It's also National Women Physicians Day, when we salute and celebrate female physicians at Rush and beyond.

## **More Important Calendar Events!**

February 1 is National Freedom Day honoring the 13th amendment

February 3 is National Women Physicians Day

February 4 is Rosa Parks Day

February 11 is International Day of Women and Girls in Science

February 12 is NAACP Day

February 15 is Nirvana Day (Buddhism)

February 20 is World Day of Social Justice

# **Important Birthdays**

Abraham Lincoln (2/12)

Frederick Douglass (2/14)

Susan B Anthony (2/15)